

Field set up for stations:

Station 1, Live Hitting: 2nd base area. Use 2nd base as a pretend home plate. Equipment needed for this station:

- 1 plastic bat and 1 tball bat
- 6 balls
- A set of feet (left/right)
- Station should last 3-5 minutes, up to 4 kids

Station 2, Throwing: Middle of the field (pitching area). Equipment needed for this station:

- 4 cones
- 4 balls
- Place the balls on the cones and have the kids stand behind the cones
- Station should last 3-5 minutes, up to 4 kids

Station 3, Fielding: 3rd base area. Equipment needed for this station:

- 4 balls and or bean bags
- Station should last 3-5 minutes, up to 4 kids

Station 4, Tball hitting: 1st base area. Place the tee on the base or near the base area. Equipment needed for this station:

- Tee
- 5-6 balls
- 1 plastic bat and 1 tball bat
- A set of feet (left/right)
- Station should last 3-5 minutes, up to 4 kids

Station 1



Station 4



Station 2

Station 3



Dots

