
ROY CITY RECREATION

ADULT SOFTBALL

COED/MENS LEAGUE RULES

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USSSA rules apply except when specifically modified by Roy City Recreation

Administration

League Format

1. Teams that forfeit two or more games during the regular season will not be eligible to participate in the end of season tournament.
2. The end of season tournament will follow a single-elimination format
3. Awards will be presented to:
 - a. League champions
 - b. Tournament champions

Season Standings

1. Ranking and placement into the end of season tournament will be determined based on the following criteria:
 - a. Regular season win-loss record
 - b. Head-to-head win-loss record
 - c. Coin toss

Rosters

1. The maximum number of players allowed on a roster is 20.
2. Initial rosters must be submitted before participating in the first game
 - a. Coaches access rosters by:
 - i. Logging into Quickscores
 - ii. Clicking Edit for the team of interest
 - iii. Clicking Manage Team Rosters
3. Players may be added/removed from the roster at any point in the regular season
 - a. No changes to the roster may be made after the last regular season game
 - b. Rosters must include at a minimum
 - i. Player Name
 - ii. Player Phone Number
 - iii. Player Email
4. In accordance with House Bill 257 (2024 general session), participation in the Men's League Softball is limited to male athletes only.

Player Eligibility

1. An eligible player meets the following criteria:
 - a. A player must be at least 18 years of age
 - b. A player must be officially registered on the team roster
 - c. A player must sign all waivers before participating in a game
2. Players are permitted to participate on only one team per league
3. If a player's identity is questioned by the recreation department:

- a. The participant must provide valid photo identification within one hour. Failure to provide valid identification may result in the player being ruled ineligible.
 - b. In the event of a player being declared ineligible, the game in question, as well as any other games played by the ineligible player on that night will be ruled a forfeit
4. To be eligible to participate in the end-of-season tournament, a player must:
 - a. Have played in at least one regular season game

Uniforms

1. Each team must have uniform shirts with numbers
2. No metal cleats are acceptable during play

Cancellations

1. An official decision regarding game cancellations due to weather and/or field conditions will be determined by the recreation department no later than 4:00 p.m.
 - a. Teams are advised not to call before 4:00pm for cancellation updates
 - b. In the event of an early decision before 4:00pm, the team captain will be notified
 - c. When severe weather such as thunder/lightning are present at/during games, recreation supervisors will monitor and cancel games on site if necessary. Recreation department discretion.
2. Call 801-774-1048 for weather updates or follow Roy Recreation on Facebook at "Roy City Recreation"

Refunds

1. Full refunds will not be issued under any circumstances except in cases where the league or tournament is canceled by the recreation department.
2. Teams withdrawing up to two weeks prior to the first scheduled game will be charged a \$50.00 administrative handling fee.
3. No refunds will be provided after the first scheduled game.
4. Refunds will be processed within 10 working days of the withdrawal request.

Game Format

Game Time

1. Teams must submit their starting line-ups to the scorekeeper at least 10 minutes before the scheduled game time.
2. A grace period of 10 minutes will be provided only for the first games of the night to accommodate late arrivals.
3. Game time is 50 minutes; no new inning will start once this time limit has elapsed unless the game is tied.
 - a. This rule applies to regular season and tournament games
4. Timekeeping is the responsibility of the umpire, who will utilize a stopwatch and start timing when teams are instructed to take the field.
5. In the event of a tie at the end of regulation time, teams will play one additional inning to determine a winner. If the game is still tied after the extra inning, the game will be declared a tie.

- a. Exception, during the end of season tournament, play will continue until a winner has been determined

Weather

1. Games interrupted due to weather conditions
 - a. Prior to completing 4 innings or 35 minutes will be rescheduled and replayed from the point of interruption.
 - b. After completing 4 innings or 35 minutes will stand, with the final score based on the last fully completed inning. If tied, such games will be rescheduled and completed from the point of interruption.

Ex. If the game is called in the middle of the 5th inning, the score will revert back to the final score at the end of the 4th inning, unless tied, in which case the game will be rescheduled and completed from the point of interruption.

Slaughter Rule

1. A team leading by
 - a. 20 or more runs after 3 innings will be declared the winner
 - b. 15 or more runs after 4 innings will be declared the winner
 - c. 10 or more runs after 5 innings will be declared the winner

Rules of Play

Team Composition and Lineups

1. A game consists of two teams
2. A complete team is defined as 10 players
 - a. A team may play with a minimum of 7 players, provided an automatic out is designated in the batting rotation for each absent player from a "complete" team
 - b. Teams must decide the location of the automatic out in their lineup at the start of the game, with no alterations permitted thereafter. COED teams must consider male/female rotation when placing their out.
 - c. Late arriving players must fill vacant spots in the line-up immediately

Curtesy Runners

1. One curtesy runner per half inning will be permitted
 - a. Coed will be permitted one male & one female curtesy runner per half inning
2. At the umpire's discretion an additional curtesy runner may be permitted due to injury during the current game

Bat Regulation

1. Bats must have USSSA certification marks
2. Bat regulations will adhere to USSSA standards for approved bats

Batting and Substitution

1. Teams have the option to bat everyone and have free substitution
 - a. Once a decision is made regarding batting, teams must adhere to it for the duration of the game.

Home Run Rule

1. The "one up" rule applies for both Men's and COED leagues

EX. If a visiting team hits a home run, the home team must hit a home run before the visiting team can hit another one. If a team has the "one up" advantage, the subsequent home run will result in an automatic out.

Pitching Regulations

1. The pitcher must have one foot in contact with the pitching rubber at time of pitch
2. A pitched ball must arc at least 3 ft. after leaving the pitcher's hand and shall not rise higher than 10 ft. above the ground

Game Balls **NEW IN 2026**

1. USSSA stamped .40 cor (or less)
2. Each team will be issued two (2) official Recreation Department softballs at the start of the season. Only Recreation Department-issued softballs may be used during league games. Teams are responsible for bringing both issued softballs to every game.
3. The team at bat is responsible for retrieving all balls that go out of play, including home run balls.
4. A new inning will not begin until the umpire has received all Recreation Department-issued game balls. The game clock will continue to run during this time.
5. If a team loses either softball, replacement balls must be purchased through the Recreation Department.

Plate and Base Rules

1. A mat covering home plate and extending 27 inches towards the backstop will be utilized
2. If a pitch hits the mat, it will be considered a strike
3. A double first base will be implemented
 - a. In the event of a play at first base, the runner must run to the orange base, and the first baseman must be positioned on the white base

COED Rules Only

Team Composition and Lineup Requirements

1. A standard line-up consists of 5 males and 5 females
2. A minimum of 4 female players is required to avoid forfeiture.
 - a. To prevent a forfeit, a team may field 6 men and 4 women, with only 5 men eligible to bat. The team must designate an automatic out to comply with the rule that men cannot bat back-to-back. All 6 men may play in the field.
 - b. Teams with fewer than 4 female players will forfeit

Batting Order and Substitution Protocol

1. Team line-ups must alternate between male and female players
2. Consecutive male batters are not permitted
3. Females are permitted to bat back-to-back
4. If there are more males than females, extra males must substitute for one another. Starting players who are substituted may only return to their original spot in the batting line-up
5. Teams may have more females than males

Base Running Protocol

1. If a male player walks, he will automatically advance to second base whether the next female batter elects to bat or automatically walk
2. If a female player walks, she will automatically advance to first base

Fielding Protocol

1. There are no set positions for male or female players
 - a. Any player on the field is eligible to make plays, including substitutions for other players, such as at the catcher's position.
2. Outfielders must position themselves behind the painted 200-foot line until the ball is hit.

Sportsmanship and Liability

Unsportsmanlike Conduct

Any unsportsmanlike actions including, but not limited to, inappropriate language and gestures, throwing equipment, intimidation, unnecessary roughness, "trash talking," taunting, or any kind of negative actions directed towards an opponent, spectator, or game official will not be tolerated. It is the umpire's discretion if the player and /or players will be ejected from the game.

Code of Conduct

Any player, coach, or spectator who fails to act in a sportsmanlike manner before, during, or after a game will be ejected from the premises and may be suspended from further participation by the recreation supervisor. If any player is ejected from game one of the night, the player is ineligible to play in any remaining games that evening. If ejected, a player may return the following week. During tournament games, if a player is ejected from any game of the night, the player is ineligible to play in any remaining games that evening. The player may return the following week.

Medical Insurance

All participants in Roy City Recreation Department programs should have their own medical insurance to cover any injuries sustained while participating in any activity sponsored by the department. Roy City will not be financially responsible for any medical expenses.

The Recreation Department reserves the right to make rulings not specifically covered herein which are deemed to be in the best interest of the Adult Softball Program. All decisions rendered by the recreation supervisor become final.