

REDWOOD CITY PARKS, RECREATION & COMMUNITY SERVICES DEPARTMENT
1120 Roosevelt Avenue
(650) 780-7311

COED VOLLEYBALL LEAGUE – FALL/WINTER 2022-23

OFFICIAL LEAGUE WEB SITE – www.quickscores.com/redwoodcity

You must turn in a completed Manager's Card, Roster and payment of \$675.00.

The payment must be in the following forms: {Cash, Cashier's Check, or Credit Card}

I. LEAGUES

- A. The classification and type of league shall be determined by the Parks, Recreation & Community Services Department.
 - B. Teams must play at the time, place and date specified by the league director.
 - C. **League games will be played on Tuesday nights at the Red Morton Community Center –located at 1120 Roosevelt Ave in Redwood City.**
 - D. USVBA rules to be in effect, with local rules as listed below.
-

II. TEAMS

- A. A team shall consist of at least 6 players (3 males/ 3 females). Positions alternate male-female. You can play with more women than men, (4 women & 2 Men, or 5 women & 1 man, or even all women, **but teams cannot play (4 men & 2 women)**
 - B. **SHORTHANDED RULE – (A minimum of 4 players)** are allowed to start or finish a game, and must be a combination of 2 men and 2 women, 3 women & 1 male, or all 4 females.
 - C. Each team may carry a maximum of 14 players on their roster.
-

III. PLAYER ELIGIBILITY

- A. All players must be 18 years of age.
- B. Players may only play for one team in the Parks, Recreation and Community Services Department sponsored leagues.
- C. Players must be able to prove their identity if question of eligibility arises (ID).

- D. No new players added after team's (6TH) scheduled game.
- E. **A player must have played in 4 MATCHES be eligible for the playoffs.**

IV. **RULES AND REGULATION**

- A. League games are normally scheduled at 7:15, 8:15, & 9:15 pm but check your league schedule as times could possibly vary. Play-off games might vary as well.
 - B. **Rally Score** - Twenty Five (25) points shall declare winner of game (a team must win by 2 points). Three games constitute a match. ***All games will count in the standings.*** Points are scored on both offense and defensive plays. If time becomes a factor during these matches, we can lower the 3rd game score to 15 points.
 - C. Forfeit time will be 5 minutes after the first scheduled game. Second and third games will be forfeited at 5 minute intervals.
 - D. No food is allowed in the gym. Bottled drinks are OK, but must be stored in a backpack or handbag. Spills must be reported right away, to avoid injury. Managers are responsible for informing their players and spectators of this rule.
 - C. **Two time outs per game.**
 - D. Rally Score will be used this season.
-

V. **COURTS AND SERVICE**

- A. The referee shall toss a coin (at the start of the match) for court or service. The winner of the toss may choose either to take the first service or his choice of sides. The team that serves first in the first game will also serve first in the 3rd game.
- B. At the opening of the game the game ball shall be put in play by the first player on the serving order of the team which is to begin service.
- C. **No serves may be blocked or spiked.**
- D. Each server shall continue to serve until the referee has called side out.
- E. Service shall alternate as "**side out**" is called.
- F. The team receiving the call for service shall immediately rotate one position. The rotations shall be clockwise around the court.
- G. When a served ball passes under the net or touches any player, before the opponents court, "side out" shall be called.
- H. Teams shall change sides at the end of each game and may line up for the new game as they wish.

- I. Referee will indicate to server to serve. Service must be made from between the back line anywhere within 10 seconds of referee's (readiness to serve) whistle.

VI. **PLAYING THE BALL**

- A. The ball may be batted in any direction. A player may use any part of his body to make it a legal hit, except for one's feet.
 - B. **NEW RULE** - Any serve touching the top of the net and going over the net into the opponents' court, is still a live ball.
 - C. A ball may be recovered from the net, provided the player avoids touching the net (and not by the same player unless off of a block).
 - D. The ball may be hit only three times by one team before returned over the net. The same person cannot hit the ball twice in a row. If the ball is hit more than once, a female must hit the ball before going over net. A block is a touch not a hit.
 - E. Back row players may spike the ball as long as they start their jump behind the 10 foot back line. They may not leave feet for a spike in front of the 10 foot line.
 - F. There will be a ten (10) foot back line for spiking for a back row player.
 - G. Contact with ball must be made on your side of the net. Only a block or the follow through of a spike may extend over the net. A block may not interfere with the offenses play of the ball.
 - H. If one male is in the front row, a team can bring up a male from the back row for blocking.
-

VII. **POINTS AND SIDE OUT**

Rally score, 3 games to 25 points = a match.

(Any of the following acts will be considered a dead ball)

- A. Cause the ball to go out of bounds or under the net.
- B. Catch or hold the ball. NOTE: The enforcement of this rule is most important when a player is **setting** the ball for a teammate to kill.
- C. Play the ball while he/she is raised off the ground, by any player or object.
- D. Touch the net with any part of the body at any time except when the ball is dead. However, if two opponents touch the net simultaneously, neither point nor side out shall be called, the ball is dead and shall be served over.
- E. Touch the ball when it already has been played three times before being returned over the net.

- F. Reach under the net and touch the ball or player of the opposing team when the ball is in play on that side, or interfere with the play of the opposing team by entering their court.
 - G. Serve out of turn.
 - H. A ball whose motion will take it over the net, but hits a rafter is considered out of bounds.
 - I. Substitution is optional, but if started in must continue for entire game in the center back position.
 - J. Contact with net line with foot is legal as long as it does not interfere with play on opponents' side. Player must be on opponents' side completely for sideout or point.
-

VIII. **PLAYER CONDUCT**

- A. **Good sportsmanship is expected at all times.**
 - B. **Some acts that are subject to warning or ejection:**
 - 1) Profanity or vulgar remarks (acts) made to opponents, spectators or officials.
 - 2) Yelling, clapping of hands or stomping of feet in such a manner as to distract an opponent.
 - 3) Addressing of referees concerning the correctness of their decisions in an argumentative, hostile or disrespectful manner.
-

IX. **INSURANCE**

Persons or players participating in activities sponsored by the Redwood City Parks, Recreation and Community Services Department are not covered in any way for personal liability or property damage. This means that players are competing at their own risk.

X. **AWARDS**

- A. T-Shirts (15 max.) will be given to the team(s) who win the division and play-offs.
- B. Playoffs will take place after the regular season.
- C. Team Trophies are not given out in Redwood City Leagues.

XI. **LEAGUE FEE** (based on the cost of referee, scorekeepers, gym usage, and T-Shirts)

- A. **\$675.00 DOLLARS for the 12 regular season games + possible Play-offs**
- B. **Make checks Payable to Redwood City Parks and Recreation.**
- C. **Checks, managers cards, and rosters are due on FRIDAY October 13th, 2023 at the Community Activities Building, 1400 Roosevelt Avenue by 5:00 PM. Feel free to turn your paperwork in early, or email all the paperwork in.**

**NEW TEAMS to the league – will be based on when your paperwork is received.
GET THEM IN EARLY IF YOU ARE A NEW TEAM FOR THIS YEAR!**

XII **STANDINGS** - Tiebreakers will be determined in the following order:

- A. **Match Record**
- B. **Overall Season Game record**
- C. **Head to head**
- D. **Fewest points allowed (total) during the entire season**
- E. **Most points scored (total) during the entire season**
- F. **Most shutout games without being scored on (Excluding Forfeits)**
- G. **If somehow still tied – a coin toss to determine winner.**



SPORTS ASSOCIATION OF NORTHERN CALIFORNIA RECREATION AGENCIES

PLAYER CODE OF CONDUCT

The following "Player Code of Conduct" has been adopted by all municipal softball directors within S.A.N.C.R.A. and will be strictly enforced. Individual League Directors have the final decision on any situation. A suspension in one city is recognized as a suspension in all cities. PLEASE READ IT CAREFULLY.

A. **NO PERSON SHALL**: At any time lay a hand upon, shove, strike, spit upon or threaten an official, player or spectator.

PENALTY: Suspension for life/and or assault charges filed. A California Law states that anyone who is found guilty can be fined \$2,000.00 and sentenced to jail for up to one year.

B. **NO PERSON SHALL**: Refuse to abide by official's decision. Officials are required to immediately suspend player from further play and report such player to the League Director. Such player shall remain suspended until his case has been considered by the League Director.

MINIMUM PENALTY: Placed on probation for the remainder of the season.

MAXIMUM PENALTY: Suspension for two league games, and placed on probation for remainder of season.

C. **NO PERSON SHALL**: Be guilty of objectionable demonstrations of dissent at official's decision. Discuss with an Official, in any manner the decision reached by such official, except the team manager or captain.

MINIMUM PENALTY: Warning by the official.

MAXIMUM PENALTY: Removal from the game, and one additional complete league game.

D. **NO PERSON SHALL**: Be guilty of using unnecessarily rough tactics in the play of the game against the body or person of an opposing player. Officials are required to immediately suspend players from further play and report such player to the League Director.

MINIMUM PENALTY: Placed on probation for the remainder of the season.

MAXIMUM PENALTY: Suspension for two league games and placed on probation for remainder of season.

E. **NO PERSON SHALL**: Use profane, obscene or vulgar language in any instance at any time.

MINIMUM PENALTY: Warning by official

MAXIMUM PENALTY: Removal from game

F. **NO PERSON SHALL**: Have in his/her possession or consume an alcoholic beverage, illegal substance or be under the influence while on the field of play or during his/her scheduled game. Officials are required to immediately suspend the player from further play and report such player to the League Director.

MINIMUM PENALTY: Placed on probation for the remainder of the season.

MAXIMUM PENALTY: Suspension from two league games and placed on probation for the remainder of the season.

G. **NO PERSON SHALL**: Be guilty of discussing publicly with spectators in a derogatory or abusive manner any decision by the officials or any opinions of players.

MINIMUM PENALTY: Warning by official.

MAXIMUM PENALTY: Removal from the game.

H. **NO PERSON SHALL**: Be guilty of intentionally throwing his/her bat.

MINIMUM PENALTY: Removal from the game.

MAXIMUM PENALTY: Suspension from two league games.

Appeal Process: Suspension of 2 or fewer games may be appealed to the League Director in your city. Suspensions of more than 2 games can be appealed to the SANCRA Board of Directors.