

PROVO PARKS & RECREATION

3RD – 4TH GRADE

2018-19 RULES



High school rules will govern play with the following exceptions:

- Play will consist of two 20-minute halves. The clock will run for the entire game except for injuries.
- 9-foot baskets and 28.5" size basketballs are used by both boys and girls.
- Time-outs: 2 (1-minute each) per half (do not carry over); running clock during timeouts.
- Free throws: All fouls result in the ball being taken out of bounds on the sideline nearest the violation.
- Defense: Man-to-man defense only. No zones or double teams.

Wristbands are used to help players know which person they need to guard.

A temporary switch on defense is permissible. A switch is when one defender switches and takes the ball handler one on one, as in a fast break situation or when a defensive player has been beaten to the basket. When a switch occurs, players must return to guard their original man as soon as the play is completed. There cannot be two defenders on the offensive players during the switch.

Defense must fall back to their half of the court to pick up their man. No full-court press!

- Any turnover as a result of a double-team: The ball will be returned to the team that lost the ball.
- One person picks may be used. **Coaches need to make sure their players set the picks properly and players are set when the pick occurs.** The safety of players must always be kept in mind when setting picks for this age group.
- Lane violations are not enforced for this age group.
- This league is recreational and instructional. Scorekeeping is discouraged for the 3rd and 4th grade league. Officials are there to instruct as well as officiate.
- No isolation plays.
- Coaches must remain on the sidelines during game time; with the exception of timeouts.

FORFEITS

- No Forfeits! Please have your players there at least 10 minutes before scheduled game time! If a team is short players, we will play 4v4 or 3v3, or we will swap players.

FACILITY RULES

- No food or drink will be allowed in any of the gyms by players or spectators. A water bottle for the players is the only exception.
- For all games played at the Recreation Center; players may check in with the sports staff no more than 15 minutes prior to the start of their game. Players should enter the lane closest to the front desk to check in. Players wishing to remain at the Recreation Center to practice, swim, or use the facility in any way should exit and re-enter to swipe their membership card or pay the daily admission fee (\$4).
- Any children attending basketball games must have appropriate supervision. Players are not considered appropriate supervision. Unsupervised children may result in the league losing its privilege of using the facility.
- The buildings we use, and the custodians who work there, will be treated with the utmost respect. Any problems reported to Provo City may result in a player or coach being asked to no longer participate.

SPORTSMANSHIP

Everyone will be expected to display good sportsmanship at all times. Rude or disruptive behavior of any kind will not be tolerated. Teams will be graded on their sportsmanship during the season. A maximum of 10 points may be earned each game. The team with the most points at the end of the season will be rewarded with a party provided by the Utah Jazz at the Vivant Smart Home Arena. Teams must earn 60 or more sportsmanship points to be eligible for the coach scholarship.

- The following criteria will be used in giving Sportsmanship Points by the Recreation Staff:

Team Sportsmanship	Points
1. Players and coaches shake opposing teams' hands.	1
2. Coaches keep players, and self under control.	1
3. No technical or flagrant fouls called on team.	1
4. Parents and spectators are positive during game.	1
5. Teams go out of way to show good sportsmanship.	1
Total:	5

- Coaches will be required to fill out a sportsmanship card for the opposing team after each game. Teams will be graded on a scale of 1-5 with "1" being bad sportsmanship and "5" being good sportsmanship.
- Coaches or fans that are disruptive will be asked to leave the gym by the Site Supervisor.
- Players and coaches are not allowed to switch any player(s) to a different team.
- **Coaches must play all their players at least 50% of each game.**