

# 2026 PLEASANT GROVE COLT LEAGUE

## RULES:

- Game time - 1 hour 45 minutes. No new inning after 1 hour 45 minutes. 7 innings if time permits
  - **High School Rules will be in effect with few exceptions.** League will require a BBCOR bat with a weight to length ratio of -5 or less.
  - No player will sit more than (1) inning. Exceptions will be pitchers throwing a full game and catchers catching a full game.
  - Bat all players, free sub rotation on the field
  - High School slide rule will be in effect. If you don't slide, the umpire may call you out. You make the choice. Plowing over or into the catcher or any other basemen is grounds for ejection. NO sliding head first. You will be called out.
  - There is a ten run rule after 5 innings of play. We will have a 6 run rule in the first 2 innings of play.
  - If players are being used to coach bases they must wear a helmet. All players will remain inside the dugout while the game is being played.
  - Coaches keep players hustling on and off the field. Speed up rule for catcher and pitcher. Maximize your playing time.
  - No pick up players allowed. Only registered players on roster allowed to play during regular season. For tournament – 2 extra players will be allowed to play **IF** all coaches are in agreement **BEFORE** the game starts. Must be Pleasant Grove kids and cannot be on the High School baseball team.
  - Less than 7 players will be a forfeit (forfeit time will be 5 minutes past game time waiting for late players.)
- \*Forfeit games may still be played if possible. (Teams may share players on a forfeit)
- If a team has only 7 players, there will be **one** automatic out on the 8<sup>th</sup> batter. This out may be placed strategically in the batting order, but may not be changed once the batting order is established. If another player comes, they will take the place of the out in the batting order, rather than being added to the end. If 8 players there will be **no** automatic out taken. If a team shows up with 8 or fewer players the other team will have the option to just bat 9 or bat their whole line up.
  - Sportsmanship is a **MUST!** From all **COACHES, PLAYERS, AND SPECTATORS.**
  - Any profanity used before, during or after games, can result in ejection from game and/or removal from the league without refunds.

## Pleasant Grove Manila Ball Park rules:

! No metal cleats allowed on portable pitching mound!! Metal cleats allowed in other positions.

! No infield practice before start of games.

! No soft toss or tee work is allowed into fences. Please do not hit baseballs, flexi-balls, or wiffle balls into fences. Soft-toss and tee work must be done into batting soft-toss nets located on the fence line of each field.

! Bases and Pitching Mounds - No coach is allowed to move bases or pitching mounds. Teams must practice on fields as they find them.

! Coaches are responsible to know when game time is. Line-up cards must be handed in with names and numbers 15 minutes before game time. The team listed first on the schedule is home team. Home team takes 3<sup>rd</sup> base dug out.

! Please remember to clean out your dugouts after each game!!!

For any questions or concerns please contact Mandy Carson at the

Pleasant Grove Rec 801-785-6172

**SCHEDULES are found at  
[www.quickscores.com/plgrove](http://www.quickscores.com/plgrove)**

**League tournament will start immediately after regular season! Praying  
we don't have too many rain outs!!!**

**REMEMBER...  
IT'S JUST A GAME AND  
HAVE FUN!!!**

