

INFORMATION

- GAME LOCATION - PG Rec Center Gym 1. The full court will be divided in half and teams will play on the east and west courts.
- PRACTICES - All practices are held during the first 15 minutes of scheduled game time.
- LEAGUE JERSEY - Registration fee includes a Junior Jazz team jersey that will be handed out to coaches on the first game day. Each team will be given standard sizes.
- COACHES BACKGROUND CHECKS - The city of Pleasant Grove requires all coaches in any of the city youth programs to complete a background screen.
- OFFICIATING- K-1st games will be officiated by the coaches. One coach from each team is allowed on the court at a time. Their responsibility is to keep the flow of the game moving while instructing the players (fouls, out of bounds, etc.). The more a coach calls, the better the players will learn and improve.

RULES

- Each team will play with 5 players on the court. There are no forfeits, teams may combine players to start play.
- Wristbands will be provided to each team and are used to help players know which person they need to guard. Coaches should aim to match players up according to size and skill. Players will guard the opponent with the matching-colored wristband.
- Players will use a size 27.5" ball. Players will shoot on a 8-foot hoop.
- Games will be four 8-minutes quarters
- No score is kept.
- Man-to-man defense only. No double teaming. Once the offensive team has gained control of the ball or will inbound the ball, the defense must all back to their half of the court to pick up their man.
- No time outs.
- Coaches may substitute players throughout the game.
- Defensive players are not allowed to reach or steal the ball unless on a pass (once it's left the hand) or on an attempted shot.
- Defensive team cannot start guarding until after the half court line.
- Coaches are not allowed to switch or add players to their roster. Any roster adjustments will be taken care of by the program coordinator.
- Coaches must play their players equally.
- Players can't wear anything dangerous to themselves or other players (i.e. watches, rings, hats, earrings, casts, etc.). No wrapping casts.
- SPORTSMANSHIP IS A MUST AND NEEDS TO BE ADHERED BY ALL PLAYERS, COACHES AND FANS.