

# 4yrs - 4th Grade Youth Futsal



**GAME LOCATION** – PG Rec. Center Gym #2 or 3

**PRACTICES** – There are no practices during the week. There will be 15 minutes before the game to practice

**LEAGUE T-Shirt** - Registration fee includes a team t-shirt that will be handed out to coaches on the first game day.

## Futsal Rules:

Players CANNOT wear jewelry, sports bands & fitbits. Covering of earrings/rings with tape is NOT allowed.

Players CANNOT play with a cast.

PLAYERS MUST BE REGISTERED.

On game days: **PLEASE BE CONSIDERATE OF TEAMS PLAYING AND DON'T LET YOUR PLAYERS KICK THE BALLS IN THE GYMS OR HALLWAYS DURING GAME PLAY.**

### **WARM UP**

- The first 15 minutes of the hour will be dedicated to practice time. Futsal Balls will be provided during this time

### **GAME TIME**

- A full team consists of 7 or 8 players. A team must start and end with 4 players.
- If a team does not have the minimum number to start on the court at game time, they may borrow another player from the opposing team to join them for part or the whole game.

### **EQUIPMENT**

- Futsal Balls:
  - 4yrs - K & 1<sup>st</sup> - 2<sup>nd</sup> = Size 3 (Youth)
  - 3<sup>rd</sup> – 4<sup>th</sup> = Size 4 (Pro)

### **GAME FORMAT**

- There will be 2 (18) minute halves
- 3 Minute half time

### **TIME OUT**

- 1 – 1 minute time outs per team per half

### **SUBSTITUTION**

- Substitutions can be done every 4 ½ minutes when the ref calls subs.
- The clock will run during subs.
- Coaches may sub whenever but is advised every 4 ½ minutes.

### **SCORING**

- There is no score kept.
- A ball is considered a goal one the ball has fully crossed over the goal line (passed the blue outer line) between the goal posts

### **KICKOFFS**

- The kick off will be an indirect kick and must be played forward first.
- All players from the same team must occupy the defending side of the pitch during the kick off

### **OUT BOUNDS**

- A ball is out of bounds when it is behind the goal and beyond the designated touchline (blue are on the far side near the benches)
- The ball is only out of bounds once the ball has fully crossed the outbounds line or goal line.
- Players have 5 seconds to kick in the ball from blue out of bounds area
- Opponents must give a 6-foot clearance away from the player that is kicking it in.
- A goal can't be scored on a kick-in or kick-off
- If a player takes more than 5 seconds to kick the ball in the other team will receive the ball

## **CORNER KICKS**

- There is no corner kicks allowed
- All out of bounds or foul will result in a direct kick-in from the blue out of bounds area

## **FOULS/EBJECTION**

- All fouls conducted with the intent to harm another player will result in an in-direct kick (no goalies are allowed during these kicks. The following are prohibited:
  - Tripping
  - Pulling of Clothing
  - Charging
  - Handling the Ball
  - Sliding or Slid Tackling
- Those fouls with an intent to harm will also being given consequences. The following are:
  - 1<sup>st</sup> Warning - Verbal Warning
  - 2<sup>nd</sup> Warning - Removed from the game for 6 minutes
  - 3<sup>rd</sup> Warning – Removed from the remainder of the game
- Any player who receives a third warning can't play in another game until the player has met with Recreation Coordinator. Once the player has received clearance they may be eligible to play again

## **PLAYERS**

- All players that are not on the court must be seated on the bench
- Please limit the bench to only rostered players only
- All players MUST be allowed the opportunity to play at least 50% of the game

## **COACHES**

- Only one coach per team allowed to stand and will occupy the side in which their team is defending
- Coaches may NEVER enter the court while the ball is in play
- The coach for the 4yrs – 1<sup>st</sup> team is allowed on the court during the game. They may do this while not interfering with the game or referees. If a coach interferes they will only get to coach from the sidelines

## **SPECATORS**

- All spectators will need to be seated in the bleachers at all times
- NO spectator should be on the sideline helping coach unless the are fill in as the coach for that game

## **REFEREES**

- There will be one assigned referee for each 4yrs-4<sup>th</sup> grade games
- The rec will provide a ref for each game
- There will only be ONE ref per court per game

**Leagues Schedules and Information can be found on :**  
**<http://www.quickscores.com/plgrove>**