

# Events

Eligible Events by Age Group:				
Age Division Events	2018-2019	2016-2017	2014-2015	2011-2013
50 M	Yes	No	No	No
100 M	Yes	Yes	Yes	Yes
200 M	Yes	Yes	Yes	Yes
400 M	Yes	Yes	Yes	Yes
800 M	Yes	Yes	Yes	Yes
1600 M	No	Yes	Yes	Yes
4 X 100 M relay	Yes	Yes	Yes	Yes
High Jump	No	No	Yes	Yes
Standing Long Jump	Yes	Yes	No	No
Running Long Jump	No	No	Yes	Yes
Shotput/ Softball Toss	Yes (softball)	Yes (softball)	Yes	Yes
Discus	No	No	Yes	Yes
Javelin	Yes	Yes	Yes	Yes

Participants may register to participate in a maximum of 4 events at a meet. Stickers can be picked up before the meet at the registration table.