



## GUIDELINES TO ENHANCE LOCAL OR STATE HEALTH GUIDELINES TO RESUME LEAGUE PLAY



### Covid-19:

- All local & state health official guidelines must be followed for any activity to take place.
- Practices: Keep distance where possible. Try to wipe down equipment.
- If you have players that do not feel well, they need to stay home. Players with fevers, aches and pains, breathing issues and a dry cough should stay home.

### Game Days:

1. Review new procedures with all players prior to the first game.
2. Covid-19 symptoms check will be conducted prior to each game for all coaches and players. Coaches will conduct Covid-19 symptoms check with team members and record results in binder provided for each game in the season.
3. Proper signage will be posted throughout the park on social distancing and other health guidelines.
4. Coaches should help to educate players on the hygiene/hand-washing/touching of the face suggested guidelines
5. No handshaking/celebrations: Players and coaches should refrain from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
6. Hand sanitizer, will be available in the dugout area. It should be used on every helmet, catchers gear and bat. EVERY USE. It is the responsibility of the coaches to follow through with sanitizing of equipment. Please teach your team to not waste or play with sanitizer.
7. Parents should be advised to have backup supplies in the player's equipment bag for use when needed and their own marked water bottle or sports drink. No sharing water bottles.
8. No food in the dugout. No team or dugout coolers are permitted.
9. Batting lineup changes or pitching changes should be limited to communicating from a distance that maintains the 6' social distancing guidelines at all times.
10. Players are to refrain from licking their fingers while playing. Please start teaching them now.
11. Only two (2) players MAXIMUM in the dugout at one time. Bleachers will be designated as part of the dugout, to keep social distancing guidelines.
12. Spectators attending games should follow 6' social distancing guidelines at all times. This is now a lawn chair league for all spectators. No parents or siblings allowed in the player areas. Spectators are to view games from the grass area. Any person not feeling well, should not attend games or practices.
13. Teams MUST clean dugouts after every game.
14. End of game treats welcomed. Prepackaged only. Please hand out treats in grassy area, not in dugout area.
15. In each of these modifications, the ultimate responsibility for everyone's safety rests with each of you. We have made major modifications to our protocols, and the way that we deliver recreation activities to Pleasant Grove. We need each of you to encourage guidelines, keep safe distances, and to be patient with our staff while we all work together to figure out the new normal.

If you have thoughts or feedback, please let us know. As a recreation center our goal is to provide something for everyone, realizing that we are very limited at this time. If you have suggestions, we are glad to make changes or improvements so that we can provide recreation opportunities while following the guidelines from health experts, and we hope you'll be a patient partner.