



## Pleasant Grove Recreation 8-9 YEAR MACHINE PITCH



## INFORMATION

- **GAME LOCATION** – Shannon Fields (220 S. 420 W.) located by the Rodeo Grounds.
- **PRACTICES** – TBD by Coach
- **LEAGUE SHIRT/HAT** - Registration fee includes a league team t-shirt and hat that will be handed out to coaches on the first game day.
- **Coaches Background Checks** – PG City requires all coaches in any of the city youth programs to complete a background screen. If you are a new coach and have not had a background screen with the Recreation Department you will be asked to apply online.

## Rules

1. **FIRST** Team listed will be Home Team and will take 3<sup>rd</sup> base dugout.
2. **NO** infield practice before games! **NO** soft toss against fences!! Please Warm-up in the outfield.
3. The game time as shown on schedule is starting time. Please encourage your players to be on time. Games should last 50 minutes.
4. **Supervisor will sound the horn 10 minutes to the hour. This signifies that ONE more batter will be allowed to bat before game is completed.**
5. Pitching Machine will be set up at the field on game days. The league supervisor will train you on how you should drop the balls in. It is very important that we make sure the players understand not to get close to the machine. **Coaches are to stay near machine until all players have come in from defense, and until other coach is at the machine.**
6. The coach whose team is in the field drops the balls in the machine for the batters. He/she will also call the outs on the bases.
7. Coaches are responsible for getting the games started on their field and to keep it moving along.
8. Coaches are encouraged to rotate players to a new defensive position each inning
9. No official score is kept! This league was created to better prepare the players for youth baseball and girls' softball. We hope to do this by teaching them more of the rules as well as teaching them to play positions.
10. 10 players are allowed on defense (6 in the infield - other 4 must be in outfield behind baseline) There is no penalty if you are playing with less than 10 players.
11. Inning will end at 3 outs or when a team scores 6 runs. **To assure more innings please have kids hustle on and off the field.**
12. Batters are given **3 strikes** (must be swinging to be a strike) Foul balls count as strikes except on the 3<sup>rd</sup> strike. If any ball hits the pitching apparatus, it is a fair ball. **Batters must wear helmets.**
13. There are no walks, no stealing or leading off the base. Runner cannot advance until ball is hit

14. There is no infield fly rule.
15. Only 1 base is allowed on an overthrow.
16. Free substitutions. If a player sits out on defense 1 inning, he/she must go in the next inning. Every player must play at least one half of the game on defense.
17. The catcher's mask must be worn by the catcher.
18. Safety helmets shall be worn when batting and running bases.
19. Players shall not wear anything dangerous to themselves or other players, such as watches, rings, hats, earrings, casts, etc. Wrapping of casts is not acceptable.
20. To promote a clean environment at the fields' spectators, players, & coaches are reminded to pick up any garbage left by your team after each game.
21. Remember: This league is for fun!!

#### **RAIN-OUT INFORMATION**

**Please call 796-0684 for rain-out information or go to [rec.plgrove.org](http://rec.plgrove.org) All decisions on rain outs will be made at 4pm, the day of the game. We wait until 4pm to make an accurate call. In order to place the message on the recorders, please do not call until after 4:05 p.m. Thank you.**

4/24/2023