

INFORMATION

- GAME LOCATION - PG Rec Center Gym 1. The full court will be divided in half and teams will play on the east and west courts.
- PRACTICES - All practices will be held at the PG Rec Center in Gyms 1 or 2.
- LEAGUE JERSEY - Registration fee includes a Junior Jazz team jersey that will be handed out to coaches on the first game day. Each team will be given standard sizes.
- COACHES BACKGROUND CHECKS - The city of Pleasant Grove requires all coaches in any of the city youth programs to complete a background screen.

RULES

- Players will use a size 28.5" ball. Players will shoot on a 9-foot hoop.
- Games will be in (4) 9-minute quarters with a running clock.
- No overtime.
- All fouls will result in an out of bound possession at the nearest spot to the ball. No free throws.
- No time outs.
- Coaches may substitute players throughout the game.
- Defensive players are not allowed to reach or steal the ball unless on a pass (once it's left the hand) or on an attempted shot.
- Defensive team cannot start guarding until after the half court line.
- Man to man defense. No colored wristbands will be used.
- No switching who you're guarding, nor double teaming (guard your own person).
- Match up player to guard by size and/or talent as much as possible.
- No score will be kept. Violations will be called by the officials to create more of a teaching atmosphere than a penalty situation.
- If any team has less than 5 players at game time, players from the other team can join the opposite team until they get enough players to have a full team.
- Coaches are not allowed to switch or add players to their roster. Any roster adjustments will be taken care of by the program coordinator.
- Coaches must play their players equally.
- Players can't wear anything dangerous to themselves or other players (i.e. watches, rings, hats, earrings, casts, etc.). No wrapping casts.
- SPORTSMANSHIP IS A MUST AND NEEDS TO BE ADHERED BY ALL PLAYERS, COACHES AND FANS.