

3RD & 4TH GRADE GIRLS JR JAZZ



INFORMATION

- **GAME LOCATION** – PG Rec. Center Gym #1 and #2 - The full court will be divided in half and teams will play on the east and west courts.
- **PRACTICES** – All practices will be held at Mount Mahogany Elementary School. Practice times will be determined by the coach.
- **LEAGUE JERSEY** - Registration fee includes a Jr Jazz team jersey that will be handed out to coaches on the first game day. Each team will be given standard sizes.
- **Coaches Background Checks** – PG City requires all coaches in any of the city youth programs to complete a background screen. If you are a new coach and have not had a background screen with the Recreation Department you will be asked to apply online.
- **League Pictures** – PG Recreation is no longer doing league photos.

RULES

1. The ball used will be a “women” size 28.5 ball. The players will shoot on an eight (8) foot goal.
2. Nine (9) minute quarters running clock with one substitute time out after 4 ½ minutes of play.
3. In order to keep play going, no free throws will be attempted during the game. All fouls will result in an out of bound possession at the nearest spot to the ball.
4. No time outs called by coaches unless there is an injury. There will be scheduled substitution time outs called every 4 ½ minutes of play, during these time outs coaches will substitute players.
5. *****Defensive players will not be allowed to reach or steal the ball, unless on a pass (once it has left the hand) or on an attempted shot.**
6. Defensive team cannot start guarding until after half court line.
7. Man to man defense. Players will wear different colored wrist bands to help identify player he/she will be guarding at that time.
8. No switching or double teaming (guard your own person with the same color wristband).
9. Match up player to guard by size and or talent as much as possible.
10. No score will be kept. Violations will be called by the officials however we would like it to be more of a teaching atmosphere than a penalty situation.
11. At game time if any team has less than 5 players, players from other team can join opposite team until they get enough players to play.
12. Coaches are not allowed to switch or add players to their roster. All adding and switching will be taken care of by the program coordinator or recreation office staff.

13. Coaches please play your players equally.
14. **Player Participation Chart** - Helps coaches with substitutions and playing players equally. Remember this league is for the kids to learn new skills & have fun. **REMEMBER TO FOCUS ON FUN!**
15. Players shall not wear anything dangerous to themselves or other players, such as watches, rings, hats, earrings, casts, etc. Wrapping of casts is not acceptable.
16. **SPORTSMANSHIP IS A MUST AND SHALL BE ADHERED TO BY ALL PLAYERS, COACHES AND FANS.**

Example of game:	Approx. warm up time	5 minutes
	Quarters (9 min) =	4 ½ min. play
		Substitution time out - called by referee
		4 ½ min. play
	Half time	5 minutes

