

Park Forest Men's Softball League COVID-19 Additional Rules

- * No Post Game Hand Shake Lines
- * No High 5's, Fist Bumps or other Physical Contact
- * No pregame manager/umpire meeting to share lineups or end of the game signature.
- * Offensive Team Dugout, Maintain 6' distancing between players, Maximum 5-6 Players in the Dugout, Players may sit outside the dugout with appropriate distancing Players may sit in the Stands in the section closest to their dugout skipping two rows and every 4th seat. Players must use the walkway closest to their respective Dugout and maintain the 6' distancing from the parking lot to the field. Personal equipment bags should be kept 6' apart.
- * All personnel from the first game must vacate the field immediately after the conclusion of the game, team members arriving for the next game must stay outside the Ball Park area (lawn area near sidewalk ok) until all of vacating team personnel have left the inside of the ballpark. Those waiting should utilize proper social distancing.
- * Players must be dressed in their uniforms before entering the field. They should not change in the dugout before/after the game.
- * Teams should bring hand sanitizers for use in the dugout. Players may not share equipment (helmets, MITs, Catchers gear, etc.)
- * Face coverings recommended when not on the field for all players, coaches, umpires. etc.
- * No Chewing tobacco, Seeds or Chewing gum. No shared water coolers.
- * Meetings at the mound limited to Pitcher, Catcher & Manager proper distancing must be maintained.
- * Warmups pregame players must be at least 6' apart.
- * Fans must social distance in accordance with State guidelines and supply their own seating.
- * Ensure participants are abiding by the State of Illinois' ordinance regarding appropriate personal protective equipment, (gloves, face mask, etc.) Masks are permitted but not required to be worn by the players during training. Masks are to be worn to and from the field before and after training.
- * Any player exhibiting any of the symptoms will not be allowed to participate and should stay home.
- * Any player that has tested positive must complete the quarantine process and have proof of testing negative after that process.
- * Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- * Participants must not have above normal temperature readings; temperature checks should not be conducted by staff but by players and their families prior to attending training.
- * Upon arrival to training, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If an athlete has any signs or symptoms of COVID19, the athlete should be sent home and instructed to contact his/her healthcare provider as soon as possible.

