

Northern Valley Athletic Association Soccer Coach Exam

The purpose of this exam is to test the knowledge of volunteer coaches of the philosophies and standards for which the Northern Valley Athletic Association will operate. Please mark an 'X' in each answer slot or fill in the blank to answer each question accordingly. Please contact your league coordinator for additional information and or questions.

1. True___ False____: The mission of NVAA is to provide youth boys and girls, the opportunity to learn and play recreational sports for enjoyment, learning experience, and athletic growth.
2. True___ False____: NVAA is governed by representatives from eight local chapters: Eaton, Evans, Kersey, LaSalle, Platteville, Ft. Lupton, Rebel Youth Athletics, and Estes Valley. Representatives from these chapters meet monthly to discuss current issues affecting the league.
3. True___ False____: One of the objectives of the NVAA is to allow recreational based teams the opportunity to compete with other recreational teams.
4. True___ False____: NVAA is primarily concerned with the well-being of our children. In order to promote positive growth in children's lives, NVAA will always put children first.
5. True___ False____: Players may NOT be listed on more than one team roster per sport during the season.
6. True___ False____: Competition is part of the game. The will to win is a natural desire of any athlete. NVAA has the responsibility to offer athletic programs that encourage the athlete's development within a format of fun and friendship.
7. True___ False____: It is important that all participants, coaches, spectators, and program directors teach and practice good sportsmanship.
8. True___ False____: As a coach, referee, or parent, you have the special opportunity to teach children how to enjoy competition in athletics while developing a player's skills and knowledge.
9. True___ False____: Youth Sports are for kids, for their recreational enjoyment and should be FUN! Winning is not important, playing is.
10. True___ False____: Every child should play at least one half of the game.
11. True___ False____: Each coach is required to keep control of his/her parents and spectators.
12. True___ False____: Abusive actions or language towards players, coaches, referees, or spectators will not be tolerated.
13. True___ False____: The coach shall be held directly responsible for the behavior of its team's players, assistant coaches.
14. True___ False____: Team followers, supporters, or fans who exhibit flagrant un-sportsmanlike behavior that is directed toward an official of the game, coach, team member, or other fan, will be subjected to disciplinary action.
15. True___ False____: Any behavior the referee/sports official sees as being unsportsmanlike will result in a yellow card/technical foul.
16. True___ False____: Parents and coaches are encouraged to utilize Quick Scores for game times/locations, scores, and weather line information at www.quickscores.com and select Northern Valley Athletic Association, Evans CO and finding their respected team information.
17. True___ False____: Any player, coach, or spectator ejected from a NVAA sponsored game will not be able to attend the next scheduled game either.

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Please mark an "X" in each answer slot or fill in the blank to answer each question accordingly.

1. How many halves are played _____ and how long is a league game (total time) _____?
2. What age groups qualify for an overtime period during regular season league play? _____
3. During a shoot-out tournament play how many players are allowed to kick _____?
 - a. How is a winner declared? _____
 - b. What happens if the player misses their shot? _____
4. True ___ False ___: Shin guards are mandatory and should be worn at all practices and games for all age divisions.
5. True ___ False ___: The game will begin with a kickoff after each period or after a goal being scored.
6. True ___ False ___: The ball is in play unless it has completely crossed over the touchline or goal line (see Goal Kick or Corner Kick) whether on the ground, or in the air, or when the game has been stopped by the referee for any reason.
7. True ___ False ___: A goal is scored when the whole of the ball crosses over the whole goal line, between the goal posts and under the cross bar. If a defending player causes the ball to cross over his or her own goal line as described above, the goal is scored for the opponent. 1 point is scored for each goal that is described above.
8. Please list an example of offside' s: _____

9. True ___ False ___: Are these considered prohibited acts: Slide Tackling, Kicking or attempting to kick an opponent, tripping or attempting to trip an opponent, jumping at an opponent, striking or attempting to strike an opponent, and/or holding or pushing an opponent.
10. True ___ False ___: Coaches are allowed to cross the midfield line on their sideline.
11. List an example of when a yellow card may be issued:

12. List an example of when a red card may be issued:

13. How many players are allowed on the field for 3 /4 grade? _____ 5 /6 grade? _____
14. You may play with a minimum of how many players without forfeiting? _____
15. When is a player considered to be offside?
 - a. The player is ahead of the ball on the opponent's side of the field.
 - b. During a throw in, goal kick, or corner kick
 - c. When the player is faster than the opponent and gets to the ball before the opponent.
16. True ___ False ___: During a throw in the player must face the field, use both hands equally, have both feet on the ground and be behind the touchline, and the ball must come from behind and over the head.

I _____ have read the current NVAA rules and understand that it is my responsibility to inform my players, assistant coaches, parents, team spectators, and anyone affiliated with our team of the information within our league rules. I agree with the Mission of NVAA as stated in the rules "To provide youth boy and girls the opportunity to learn and play recreational youth sports for enjoyment, learning experience, and athletic growth."

Signature: _____

Date: _____