

IX. JBO LEAGUE PITCHING REGULATIONS, ALL LEVELS

- A. The pitch count is based on pitches thrown for strikes, balls, foul balls, and outs. Warm-up pitches, pick off attempts, 'no pitch' call by the umpire do not count towards the pitch count.
- B. A pitcher who throws a warm-up pitch must face one batter.
- C. The maximum number of pitches is based on the level of play. Specific rest periods are in place when a pitcher reaches specific thresholds of pitches delivered in a day.
- D. There shall be free defensive substitutions at all positions, excluding pitchers. Once a pitcher has been removed from the mound during the course of the game, they may not re-enter for any reason as a pitcher, for the duration of the game.

PITCH COUNT CHART

Divisions	Pitch Count	Days Rest	Pitch Count	Days Rest	Pitch Count	Days Rest	Pitch Count	Days Rest	Max. Per Day
Senior	1-30	0	31-45	1	46-65	2	66+	3	95
Junior	1-25	0	26-40	1	41-60	2	61+	3	85
Minor	1-20	0	21-35	1	36-55	2	56+	3	75

- E. Pitch counts vary from the NFHS Rules because we DO NOT allow any exceptions.
- F. EXCEPTION #1: A pitcher reaching the maximum daily pitch count limit in the middle of an at bat must be removed from the mound if wanting to remain at that threshold. There is no "Finish the batter".
- G. EXAMPLE #1: if a Senior pitcher pitches 70 pitches on Tuesday, he may not pitch again until Saturday.
- H. EXAMPLE #2: if a Minor or Junior pitcher pitches 48 pitches on Monday, he may not pitch again until Thursday.
- I. EXAMPLE #3: if a Senior division pitcher pitches 30 pitches on Tuesday, he may pitch the next day.
- J. At all divisions of play, in a double-header league contest, a pitcher may pitch in 2 games in the same day, provided they do not pitch more than 20 pitches (Minors), 25 pitches (Juniors) or 30 (Seniors) in the first game.
- K. MONITORING PROCESS: each team's scorekeeper/designated official tracks the pitch counts. After each half-inning, the scorekeepers confer with each other. If there is a conflict, home book's count becomes official. It is the head coach's responsibility to know when his/her pitcher needs to be removed. Pitch counts for each pitcher are logged on the game card, which is signed by each coach at the conclusion of the game. Game cards must be submitted by the winning team to the governing District within 24 hours of game completion.
- L. DAYS OF REST: 1 calendar day equals 1 day of rest.
- M. PITCHING RULE FOR A CONTINUATION GAME: see section VIII Letter U.
- N. VIOLATION OF THIS RULE: The team in violation forfeits the game in which the violation occurred; the head coach is suspended for one game.
- O. Wilson is the OFFICIAL game ball to be used in JBO games. Most commonly used is the A1030 and/or the A1010HS1.