

Naperville Park District CO-REC SAND VOLLEYBALL REGULATIONS

The Naperville Park District's Recreation Department has developed the following set of rules to govern Recreational Sand Volleyball leagues organized by the park district. Rules not covered herein will be determined by the Official United States Beach Volleyball Rules (U.S.A. Volleyball).

Teams:

1. Each team roster will consist of no more than 6 persons. All players must have paid the registration fee and signed the roster/waiver before participating in a match. Only those players on the roster may participate in the match. Any changes/additions to the roster must be approved by the park district program manager in advance.
2. Each team should designate a captain who represents his/her team in dealings with the park district and the officials. The captain will receive make-up and other league information and is responsible for distributing it to the rest of the team.
3. A lineup shall be submitted to the referee at the coin toss prior to the start of the match. The line up shall include the service order and indicate the team captain by placing a "C" next to his/her name on the line up. In as much as is possible, the serving order shall be an alternation of male and female, or vice versa.
4. Participants must accept referee's decisions with sportsmanlike conduct and without dispute. Clarification may be requested by the team captain only.

Game:

1. U.S.A. Volleyball "Rally-point scoring" will be used. A match will be best 2 out of 3 games. The first and second games will be played to 21 points, with at least a two (2) point lead to a maximum of 25 points. The third game, if necessary, will be to 15 points, with at least a two (2) point lead to a maximum of 17 points.
2. Forfeit time is 5 minutes for the first game and 10 minutes for the match.
3. Schedules and standings will be posted on www.napervilleparks.org
4. For rainout information, check www.napervilleparks.org. **Rain information will be posted by 5 p.m.** If conditions change after 5 p.m., the referee on-site will make the decision to start or continue play. **Captains should check for make-up schedules which will be posted on www.napervilleparks.org and notify their team accordingly.**
5. Playoff and make-up matches will be scheduled based on facility availability and may not necessarily be scheduled on a league's usual play dates. Schedules on the website will be modified to reflect make up schedules.
6. Team captains may agree on a particular volleyball to use during their match. If they do not/cannot agree on a ball, the referee will select a park district ball for use during the match.
7. No-Show Referee. The Park District makes every effort to ensure that a qualified referee is at every match, but emergencies can occur. In the event a referee is not present, team captains have the option to:
 - 1) agree to self-officiate the match, in which case the results will stand
 - 2) agree on a bystander to referee, in which case the results will stand
 - 2) if team captains cannot/will not agree to self-officiate the match, it will be rescheduled based on facility availability. However, the rescheduled match will not necessarily be played on the usual day, time or location.

Play:

1. Unlimited substitutions are allowed as long as one player does not occupy more than one position in the service order during a single game.
2. Blocking contact is not considered a team hit. The blocking team will be allowed three hits following the block. A blocker may contact the ball consecutively following a block.
3. Players may partially or completely cross the center line below the net or outside the poles, either before, during or after a legal play of the ball, provided this does not interfere with the opponent's play.
4. In Co-Rec leagues, a team will normally field two women and two men. Teams may play three of one sex and one of the other with the permission of the opposing team. There must be at least one male and one female player on the court at all times. There will be no requirement for females to contact the ball when there is more than one hit on a side.
5. No blocking or spiking of a serve.
6. In co-ed fours, players are free to position themselves anywhere within their court. There are no positional faults. The server may serve from anywhere behind the end lines.
7. When contacting the ball with one hand other than for setting the ball toward a teammate, the ball must be cleanly hit with the heel or palm of the hand (*a roll shot*), with straight, locked fingertips (*a cobra*), knurled fingers (*a camel toe*), or with the back of the hand from the wrist to the knuckles. One-handed placement or redirection of the ball with fingers (*a dink or open hand tip*) is a fault.
8. A player may touch the ball with any part of the body on or above the knee.
9. It is a fault for a player or a players clothing to contact the net. Incidental contact by a player's hair is not considered a fault. It is not a fault if a player's hat, visor or sunglasses fall off during play and then contact the net.
10. Teams are entitled to two (2) 30-second time outs per game.

House Rules:

1. There are to be NO smoking or alcoholic beverages in the park or parking lots. For everyone's safety, no glass beverage containers, please. Players believed to be under the influence of alcohol or drugs will not be allowed to play.
2. Teams finishing their match early may remain on the court until 10 minutes before the next scheduled match. **Lights must be off and everyone out of the park by 10 p.m.** (park district ordinance).
3. Teams playing with ineligible players will forfeit any games that they had participated in. Further, the ineligible player may not participate for the rest of the season.
4. Any unsportsmanlike conduct displayed before a game, during a game or after a game will result in the players' ejection and shall disqualify the offending player for the next consecutive match. A second ejection will result in the player's dismissal for the rest of the season.
5. Any player who strikes or threatens a referee, league official or other park district employee will be suspended for not less than one year.
6. Teams are responsible for the conduct of their spectators.