



Midwest City Youth Tournament Rules 2022

Rules

- Age as of Jan 1
- National Federation High School/O.S.S.A.A Baseball Rules (KID PITCH)
- Standard baseball rules for Tball/Coach Pitch
 - Bunting and Stealing bases will be allowed with Coach Pitch
 - No Stealing at home base
- No bat restrictions (wood bats allowed)
- Mound adjustments
- Must have at least 9 players to start an inning
 - 8 if player is ill or injured
 - An additional outfielder is allowed for Tball
- Substitutions allowed
- Player must bat in batting order
 - Automatic out
- Only players on the roster are allowed to play
- 7 runs per inning or 3 outs
- Rosters must be given to the UIC and teams
- The protective headgear must be worn while batting or as a runner
 - Pitcher's mask for Tball is required
 - Coach and Kid Pitch is optional
 - Catcher's gear required for all age groups

Base Distance

- (5U-6U) 40/55
- (7U-8U) 40/60
- (9U-10U) 46/65
- (11U) 50/70
- (12U-14U) 54/80
- (15U-16U) 60/90

Game Times

- 5U-6U (55 min) or 5 Innings
- 7U-8U CP (65 min) or 5 Innings
- 9U-10U KP (70 min) or 7 Innings
- 11U-14U (75 min) or 7 Innings
- 15U-16U (80 min) or 7 Innings
 - No inning will start with 5 minutes remaining



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All Umpire decisions on the field are final and games may not be protested except for player eligibility. If a player's eligibility is in question, it must be submitted 48 hours before game play.

Coaches Code of Conduct

- I will place the emotional and physical well-being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will follow all safety protocols of the leagues/tournaments.
- I will lead by example in demonstrating fair play and good sportsmanship to all my players.
- I will under no circumstances engage in an argument with any officials. Any discussions or conversations with officials will be in a respectful tone.
- I will treat opposing coaches and players with respect.
- I will not use profanity or vulgar language.
- I will not cheat or engage in any form of unethical behavior that violates league rules.
- I will use coaching techniques that are appropriate for each of the skills that I teach.
- I will provide a sports environment that is free drugs, tobacco, and alcohol. I will refrain from their use at all youth sports related events.
- I will be knowledgeable in the rules of each sport that I coach and I will teach these rules to my players.
- I will remember that I am a youth sports coach and that the game is for children; not **ADULTS**.
- I will report any violations of the code of conduct by parents, athletes, or other coaches to the Parks and Recreation Supervisor or Youth Sports Coordinator.

Parents Code of Conduct

- I will put the emotional and physical well-being of youth participants ahead of a personal desire to win.
- I will respect players, coaches, officials, spectators, and families at all times.
- I will respect the decisions of officials or coaches.
- I will not engage in any violence or verbal threats or use any profanity.
- I will not use any form of drugs, tobacco, and alcohol at all youth sporting activities.
- I will model good sportsmanship for all youth participants.
- I will not yell, belittle, or ridicule anyone involved in a youth sporting event—in public, private, in-person, or online.
- I will do my part to keep sports fun and positive for every youth participant.



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Player Code of Conduct

- I will **display good sportsmanship** to players, coaches, officials, opponents, and parents at every game and practice.
- I will learn the value of commitment by participating in as many practices and games as I can.
- I will **encourage my teammates** and praise good efforts.
- I will be honest, fair, and respectful to others at all times.
- I will aim to learn all I can from sports.

Rules and Regulations for Turf Fields

Players and coaches:

1. No metal spikes
 - You may wear turf shoes, molded (rubber/plastic) cleats, or tennis shoes.
 2. No sunflower seeds, tobacco (chewing), or chewing gum.
 3. No food or drink on the field – only water.
 4. No colored drinks (gatorade, powerade, etc.).
 5. No spectators allowed on field at any time.
 6. No pets allowed on the turf or in the complex.
- **Failure to follow these rules may result in financial penalties and/or loss of privilege to use the facility.**
 - **Groups must pick up all garbage on turf and in bleachers after use.**
 - **Rules pertaining to turf fields--if a player/coach is caught with metal cleats, umpires have been instructed to eject them from the game.**
 - **Also, any damage/cleanup to the field caused by sunflower seeds, colored drinks, gum or tobacco will be charged to the players/coaches of the team.**

Inclement Weather

If there is any type of severe warnings during scheduled games, the decision to cancel games will be made by the Youth Sports Coordinator. Also, there is a weather line to check if games will be canceled before game day (405) 739-1295.

If you have any questions, please contact Keisha Kearney by kkearney@midwestcityok.org or 405-739-1288.