

2023 Coed Volleyball Rules & Information



1. Time Frame & Scoring:

- The team listed first on the schedule is the home team and will serve first on the first set.
- Warm-ups are 3 minutes per team on net and 1 minute shared serving.
- A point is scored for either the offense or the defense on each serve.
- The game is played until one team scores 25 points. A team must win by two points, or the first team to earn 27 points wins.
- Match play will be two out of three games to 25. If a third game is needed, the first team to score 15 points must win by 2 points or be the first to get 17 points.
- Each team gets a 1 minute timeout each set. Timeouts do not roll over.

2. Teams:

- Teams will play with 6 players on the court at a time but can play with just 4. As other team members arrive, they may enter the set when their team regains service.

3. Serving:

- A player can drop the toss on their serve one time (this applies to overhand). If they catch it, it is a side out for the other team. If they drop it twice in a row, it is also a side out for the other team.
- Players are allowed a reserve if their first serve does not go over. This does not apply to their 2nd, 3rd...
- The server may take one step into the court. In the 3rd/4th & 5th/6th grade leagues, they can serve where they have success getting the serve over within reason. The goal is to allow them the opportunity to rally.
- A serve that touches the net and goes over is legal. If a basket is hit on the serve, re-serve.
- Players can substitute in on the serve. (see back for subbing/rotation diagram)

3. Violations:

- Net violations are up to the ref's discretion.
- Players cannot lift the ball.
- Violations result in a side out, causing the opposing team to gain service and earn a point in rally scoring.
- Players only have 3 nonconsecutive hits to return the ball to their opponents side of the net.

4. Court Boundaries:

- A ball is in bounds if it is returned over the net inside or on the playing lines.
- After a pass, if the ball hits the ceiling or basket on your side of the net it is playable. If the ball hits the ceiling or basket on the opponent's side, it is a side out and their team gets the point.

5. Volleyball Attire:

- Jewelry and hats are not permitted while playing. These restrictions are for your safety. Athletic shoes must be worn at all times, no bare feet or sandals will be allowed.
- Knee pads are recommended for players who intend to dive for the ball.

ROTATIONS

