

# Pre-K & Kindergarten

## 4 vs. 4 Soccer Rules & Information



### 1. Time Frame:

- This league will have a 15-minute warm up / practice before each game.
- Games will consist of four 6-minute quarters, a 2-minute break between quarters, and a 5-minute half-time.

### 2. Information:

- Coaches act as the referee, making calls and substitutions when needed.
- The home team, as listed on the schedule, will start the game with kick-off. Switch sides after half-time.
- A coach or parent should keep track of the game time, making sure to start on time.
- Have players remove any jewelry or hats before playing. Make sure if cleats are worn that they are soccer cleats.

### 3. Rules:

- There are **NO goalies** in this league.
- For both direct and indirect free kicks, place the ball on the ground where the offense occurred for the other team to kick. All players stay back at least 5 yards.
- Out of bounds (players can choose to do a throw-in or to place the ball on the ground and kick in).
- Goal kicks, corner kicks, and handballs will be called by the coach (check basic soccer rules for definitions).
- Off-sides **will not** be called in this league.

### 4. Equipment:

- All players must have shin guards. Cleats are optional (no metal or sharp cleats). Baseball cleats are forbidden due to their toe cleats.
- Make sure to bring equipment (soccer balls and a whistle) to each game.
- Grades Pre-K and Kindergarten will use a size 3 soccer ball.