

# 6 vs. 6 Soccer Rules & Information

## Boys & Girls 1st-2nd Grade



### 1. Time Frame:

- This league will have a 10-minute warm-up / practice before each game.
- Games will consist of four 8-minute quarters, a 2-minute break between quarters, and a 5-minute half-time.

### 2. Information:

- Coaches act as referees, making calls when needed.
- All team members must play equal amounts of time—have a parent help with substitutions.
- The home team (black jersey), as listed on the schedule, will start the game with a kick-off. Switch sides after half-time.
- A coach or parent should keep track of the game time, making sure to start on time.

### 3. Rules:

- There are **GOALIES** in this league.
- For both direct and indirect free kicks, place the ball on the ground where the offense occurred for the other team to kick. All players stay back at least 5 yards.
- Out-of-bounds players will be required to do a throw-in.
- Goal kicks, corner kicks, and handballs will be called by the coach (check basic soccer rules for definitions).
- Off-sides **will not** be called in this league.

### 4. Equipment:

- All players must wear league jerseys and shin guards. Cleats are optional (no metal or sharp cleats).
- Have players remove any jewelry or hats before playing.
- Make sure to bring equipment (soccer balls and a whistle) to each game.
- Grades 1st and 2nd will use a **size 4** soccer ball.