

Coach Checklist

*Check your E-mail & your wife's often (Most accounts are registered under the wife)

- Coach & asst. coach fill out Coach Waiver/ Risk Acknowledgement & give to Parks & Recreation office. READ the Coaches Code of Conduct, Sportsmanship and Concussion Policy * Coach paperwork must be updated once a year. **You are allowed only 1 assistant coach.**
- (Draft leagues only) – You or your asst. coach should attend a Coach Preview and rank player skills For (non-draft leagues) - you only need to attend a Coach Meeting.
- PLEASE make the first contact with your team roster by phone & establish how future communication will be handled.
- Practices days and times will be assigned to coaches prior to the season. Some younger leagues will have practice built into the actual season schedule.
- Pick up & distribute uniforms for all sports prior to the first games, except for soccer (parent's will pick up soccer jerseys) * Uniforms are generally picked up at the City Building (in the basement lobby) 125 W 400 N. We will contact you by email to let you know when uniforms are ready for pick up.
- Look up team roster online if not given one at a Coaches Meeting. (see instructions below)

If you are coaching a draft league:

1. **DO NOT** promise players or their parents a guaranteed spot on your team or tell players you have room on your team AFTER the draft. Late registered players will be placed based on team scores.
2. Please direct all players wanting to sign up late to contact the Parks and Recreation office. 801-806-9114

How to access your roster online.

Go to <https://secure.rec1.com/UT/mapleton-ut/catalog> and log in to your account (the one you used to register)

1. Click on "Account". On the left-hand side you will see **Coach Portal**.
2. Click on Coach Portal. This portal allows you to view the roster, contact team members, and print sign-in sheets. In addition to the **Coach Portal**, you can view your **Team Page** and the **League Portal**.

Coaches Code of Conduct

In being accepted by the program directors as a youth coach, I understand and promise to dedicate my efforts to the development of fair play & sportsmanship in all my players.

I will place the emotional and physical well-being of my players and the opposing team's players ahead of any personal desire to win.

I will always refrain from using inappropriate language while coaching, regardless of whom I am addressing.

I understand that pushing the score up in any game is offensive to the participants & would reflect upon myself as lacking the maturity to coach young children.

I understand that as a city recreation coach, I must allow all my players equal playing time.

I will remember that I am a youth coach and that I am dealing with children in a child's game, where the best form of motivation is enthusiasm and positive reinforcement of individual and team goals. The game is for youth and not adults.

I understand and accept the above Coaches Code of Conduct. I understand that repeated lack of adherence to this pledge will result in my being dismissed from all coaching duties.

"We who coach have great influence on the lives of all the young men / women who come under our supervision, and the lives we lead will play an important role in their future. It is essential that we regard this as a sacred trust and set the example that we know is right. We must try to prevent the pressures of winning scores from causing us to swerve from moral principles."

John Wooden

Sportsmanship

Coaches,

Please remember the purpose of Mapleton City Recreation is to allow our children to practice and learn as well as to have fun and learn good sportsmanship along the way. Even though games are exciting & sometimes tension packed, please remember to set a good example for our children & help teach them good sportsmanship. Please pass the following information along to your team, parents, and fans. The simple act of good sportsmanship will make the games more enjoyable for everyone involved.

What is Good Sportsmanship?

1. To appreciate the rules and purposes of any sport.
2. To show respect for the officials. Good sportsmanship implies the willingness to accept & abide by the decisions of the officials. * PLEASE KEEP IN MIND THEY ARE HUMAN AND WILL MAKE MISTAKES.
3. To always show respect for the opponent.
4. To recognize and appreciate the skill of a good performance regardless of the team affiliation.
5. To always maintain self-control. Good sportsmanship is a responsibility for all who are involved in the game.
6. To show a positive attitude in cheering, **refraining from intimidation or negative cheering. Good sportsmanship is a positive effort.**

COACHES should...

- Always set a good example for participants and fans to follow, exemplifying the highest moral and ethical behavior.
- Instruct participants in proper sportsmanship responsibilities and demand that they make sportsmanship and ethics the No. 1 priority.
- Respect judgment of contest officials abide by rules of the event and display no behavior that could incite fans.
- Treat opposing coaches, directors, participants, and fans with respect. Shake hands with officials, opposing coach in public.
- Develop and enforce penalties for participants who do not abide by sportsmanship standards.

PLAYERS should...

- Treat teammates with respect. If a teammate makes a mistake, encourage, don't criticize. Offer encouragement to your teammates.
- Treat opponents with respect: clap for the opposing team during pre-game announcements, help opponents up who may fall or get knocked down during the game, participate in opposing team greeting at the end of the game, etc.
- Respect judgment of contest officials & cooperate with officials, coaches or directors and fellow participants to conduct a fair contest.
- Abide by rules of the contest.
- Give everyone a chance to play according to the rules.
- Display no behavior that could incite fans.
- Avoid arguments > Always play fair.
- Share in the responsibilities of the team.
- Follow the directions of the coach.
- Respect the other team's effort.
- Win without gloating (don't rub it in)
- Lose without complaining (don't make excuses).
- Seriously accept the responsibility and privilege of representing the community & displaying positive public action.
- If you make a mistake don't pout or make excuses. Learn from it and be ready to continue to play.
- Live up to a high standard of sportsmanship established by a coach or director.

Parents/Fans should...

- Realize that it is a privilege to observe a contest & recreation activity, not a license to verbally assault others or to be generally obnoxious.
- Respect decisions made by contest officials & respect fans, coaches, directors, and participants.
- Be an exemplary role model by positively supporting teams in every manner possible.

BE A FAN ... NOT A FANATIC.