

Boys 7th & 8th Grade Basketball Rules & Information



1. Time Frame:

- Game time will be 4 eight-minute quarters, clock will only stop for timeouts. You'll have 60 seconds between quarters.
- All players must play a minimum of TWO FULL QUARTERS or 16 minutes; exceptions include injuries, medical reasons, or parental consent. Please use good judgment, and please remember that winning is not the primary goal of this league.
- Each team gets 1 time-out per quarter. A time-out is 60 seconds (no-carryovers). In overtime, each team gets 1 time-out.

2. Fouls: Basic foul rules apply. Any player who receives 5 fouls in a game will be required to sit out the rest of the game.

- **Bonus Shot:** One and One will be shot beginning on the 7th team foul of the half. Two-shot penalties will be shot from the 10th team foul and so on.

3. Technical Fouls: The high school technical foul rules will apply. Any player ejected from a game may be asked to leave the gym immediately. Failure to leave the facility will result in your team forfeiting the game.

- **Technical Fouls** can be given before, during, or after a basketball game. Any team that receives a total of **seven technical fouls** during the season (including tournaments) will be eliminated from further play, without a refund.
- **Swearing** and foul language are considered technical fouls.
- **Player or Coaches 1st Technical:** Must sit out the remainder of the game and leave the premises. If the foul occurred in the second half of the game or during overtime the offending player must also sit out the first half of the next game.
- **Player or Coaches 2nd Technical:** Must sit out for the remainder of the game and leave the premises. Participants will receive a letter from the Recreation Manager placing the player on probation. The player must sit out the next full game and respond to the probation letter before they can play.
- **Player or Coaches 3rd Technical:** Must sit out the remainder of the game, and leave the premises. The offending player or coach will be suspended for the remainder of the season. (Any time in preseason, regular, and postseason, no refund will be given)

4. Uniforms and Players: Players not in uniform (jersey provided by the city) and on the roster will not be allowed to play. A team must start the game with a minimum of 4 players or forfeit the game. A team may play and end the game with 4 players, but if they drop to 3 players (due to injury, technical, ejections, or fouling out) the game will then be stopped and declared a forfeit. **The officials or Site Supervisor can call the game at any time if they feel that play is becoming too unsportsmanlike.**

5. Ties: In the event of a tie a three-minute overtime will be played. If the score is still tied at the end of the overtime, teams will play sudden death where the next team to score wins.

6. Full Court Press: Is permitted throughout the entire game. If a team is up by 10+ points they may not press.

7. Equipment:

- Basket height: 10 feet
- Ball Size: 29.5 inches