

Boys 2nd Grade Basketball Rules & Information



There will be **NO** referees for our 2nd grade league. The main purpose of this league is to HAVE FUN and develop skills. Coaches will be on the floor to help officiate and coach.

1. Time Frame:

- The first 10 minutes will be used for instructions and teams to practice.
- All players must play a minimum of TWO FULL QUARTERS or 16 minutes; exceptions include injuries, medical reasons, or parental consent. Please use good judgment, and please remember that winning is not the goal of this league.
- Game time will be 4 eight-minute quarters with a running clock.
- Each team gets 1 time-out per quarter

2. Wristbands:

- No Zone Defense; No Double Team; Man to Man only (Wristbands)
- Wristbands are changed during time-outs, quarters, halftime, and substitutions. Wristbands cannot be changed during mid-play.
- At the beginning of each quarter, coaches should try to match wristbands with players of similar ability.

3. Violations & Fouls:

- Basic foul rules apply. Free throws on shooting fouls.
- Basic violations will be called. First half - no penalties and the team will retain possession. Second half - penalty will be enforced.

4. Calls:

- No Pressing. Defense picks up at half court.
- On fast breaks--players may temporarily switch the person they are guarding for that play only.
- **Try to make calls based on the player's ability and skill level.**
- Double teaming will be allowed only when the offense has the ball inside of the key.
- No Double Teaming Outside of the Key--1st & 2nd Double Team will result in ball out of bounds; 3rd Double Team called will result in a technical foul--Two free throws & ball out of bounds.

5. Equipment:

- Basket height will be 8 feet.
- This league will play with a 28.5 inch basketball.