

Now what?



Lorain County
Public Health



I was around someone with COVID-19.

Whether or not you are vaccinated

- Wear a mask around others for 10 days.
- Take a COVID-19 test on day 5 from your last exposure.
- If COVID-19 symptoms begin, stay home.

I tested positive for COVID-19. *OR* I'm sick and waiting for test results.



Whether or not you are vaccinated

- Stay home for 5 days.
 - Call your healthcare provider to discuss symptoms and treatment options.
 - Wear a mask and stay in a separate room to keep others safe in your home.
 - Day 0 = the day symptoms began OR the day you took the positive test.
- Days 6-10:
 - Still no symptoms or symptoms are getting better: You may leave your home. Continue to wear a mask around others at home and in public.
 - Symptoms not improving, or still have a fever: Continue to stay home until 24 hours after your fever stops without using medication.
- After Day 10:
 - If your symptoms come back, you may have a rebound infection. Contact your healthcare provider. Restart your isolation at day 0 and stay home for 5 days.
- Do not travel for 10 days.
 - Get current travel info at: [CDC.gov/coronavirus](https://www.cdc.gov/coronavirus)

[LorainCountyHealth.com/coronavirus](https://www.LorainCountyHealth.com/coronavirus)



This is a tough time.

It's normal to feel stressed while sick. It's also normal to ask for help managing stress. Call 1-800-720-9616, or Text "4HOPE" to 741 741