



RECREATION

Kindergarten-4th Grade Wrestling 2017

Singlets:

The wrestling singlet you will be using is a rental. Please have your child's singlet cleaned and washed when it is turned in. Starting January 3, 2018, a charge of \$39.95 will be put on your Legacy Center account for any singlets that have not been returned.

Singlet Sizes:

4XS – 40-54 lbs.
3XS – 55-74 lbs.
2XS – 75-94lbs.
XS – 95-114 lbs.
S – 115-134 lbs.
M – 135-159lbs.
L – 160-190 lbs.

Practices:

- Parents with children in Kindergarten-1st grade will need to stay in the gym with their children during all practices.
- Due to sanitary purposes, children without wrestling shoes MUST wear socks in order to participate. We recommend wrestling shoes if possible.
- We need parents to help roll the mats out before the 5:30 practice begins. If you are able to help at 5:15 we would really appreciate it. At the end of the 6:30 practices the mats need to be rolled up and put in the overhead slings. Parents, PLEASE help put the mats into the slings. No children will be allowed in the gym when the mats are being raised or lowered for safety purposes.
- We have an instructor that will lead the practices and we ask that parents help assist if they are able to.

Tournaments:

- The Lehi Legacy Center will host two inter-squad tournaments for our wrestlers throughout the season. The emphasis will be on improvement, not on winning. Meets are officiated by high school wrestling team.
- Match-ups will be determined by weight. This does mean a younger child could potentially wrestle an older child.
- Participants must participate in at least one practice to qualify for the first meet and a minimum of three for the second meet. Please check-in with the Site Supervisor as you enter the gym each week.

Schedule:- Practices are held on Monday nights at the Lehi Legacy Center (123 North Center St.).

October

9th-Practice (North Gym)
K-1st: 5:30pm-6:30pm
2nd-4th: 6:30-7:30pm

16th-Practice (North Gym)
K-1st: 5:30pm-6:30pm
2nd-4th: 6:30-7:30pm

30th-Inter-Squad Meet
EVERYONE: 5:30pm
Arrive early to get a good seat.

November

6th-Practice (North Gym)
K-1st: 5:30pm-6:30pm
2nd-4th: 6:30-7:30pm
(Picture Day)

13th-Practice (North Gym)
K-1st: 5:30pm-6:30pm
2nd-4th: 6:30-7:30pm

20th-No Practice due to
Thanksgiving.

27th-Practice (North Gym)
K-1st: 5:30pm-6:30pm
2nd-4th: 6:30-7:30pm

December

4th- Inter-Squad Meet
EVERYONE: 5:30pm
Arrive early to get a good seat.

5th-22nd-Return your washed singlet to the Legacy Registration Office M-F, 8am-6pm.

January

3rd-\$39.95 charge on your Legacy Center account will occur.