

2026 Northern Utah All Stars Baseball
Championships
3/4th Grade Tournament Rules

1. TOURNAMENT WILL PLAY ACCORDING TO NFHS (High School) BASEBALL RULES WITH THE FOLLOWING AMENDMENTS:
2. ALL LINE UPS (WITH NAMES AND NUMBERS) NEED TO BE TURNED IN TO THE OFFICIAL SITE SCOREKEEPER 15 MINUTES BEFORE GAME TIME. Each team shall have their own team scorekeeper also who records team score and pitching logs. Please have site scorekeepers sign your pitching logs.
3. Six Innings or NO NEW INNING AFTER 90 MINS. Official Scorekeeper Shall Announce Game Time When the Home Team Takes the Field. 10 Run Mercy Rule after 4 innings or 1 hour.
4. Teams will bat their whole lineup and there is free defensive substitution.
5. Pitchers are eligible to pitch in any inning, whether they were the starting pitcher, relief pitcher, etc. Any pitch thrown in an inning, is considered an inning pitched.

A pitcher may only pitch 12 innings per calendar week (Monday – Sunday). If a pitcher throws more than 3 innings in a day, he must rest two days before being able to pitch again. (I.E. Throws 4 innings on Monday – Rest Tuesday (Day 1) and Wednesday (Day 2) – Eligible to pitch on Thursday.
6. Base Distance Will Be 60 Feet. Pitching Distance is 44 Feet.
7. Wood, 2 ¼”, 2 5/8” and 2 ¾ barrel bats are allowed. No Bat Length to Weight Restrictions.
8. DROPPED THIRD STRIKE RULE DOES NOT APPLY.
9. Baserunners may not leave their occupied base until the pitch has crossed home plate. Once the pitcher has stepped on the rubber with possession of the ball, runners who leave an occupied base before the pitched ball crosses the plate, shall be called out and the pitch shall be considered a dead ball. All other runners will return to the base occupied at the time of the pitch.
10. Baserunners may advance on overthrows and passed balls, including home.
11. The offensive team will have three outs, or 7 runs, per half inning, whichever comes first. This is a “Hard” 7 runs. If a team has scored 6 runs in their inning and the next batter hits a grand slam, only 7 runs will count and the next inning will begin with the batter that hits after the batter who

hit the grand slam.

12. **PICK UP RULE:** When a team cannot field 9 players, a player may be picked up under the following rules. Failure to follow these rules will result in a forfeiture of the game: The pickup player must come for your registered recreation season and be approved by your league director/coordinator. This approval must be done before the game. Coordinator will let host city know of this pick up player.

No metal cleats can be worn!

The No. Utah Recreation Departments who have combined to make this tournament happen are excited about the opportunity to provide All-Star Recreation Baseball.

Sportsmanship of the highest degree is expected and demanded. Criticism players, coaches and umpires will not be tolerated. Those engaging in negative behavior toward these individuals will be asked to leave the game site.

Best of luck to all players and coaches!

