

Fall Schedule: September 2, 2025

	Sunday								Monday								Tuesday								Wednesday								Thursday								Friday								Saturday												
	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8	Ln1	Ln2	Ln3	Ln4	Ln5	Ln6	Ln7	Ln8					
5:00 AM	<u>POOL</u> <u>CLOSED</u>								Herriman HS 5am - 6:30am				Open Lap Swim				Open Lap Swim				Herriman HS 5am - 6:30am				Open Lap Swim				Open Lap Swim				Herriman HS 5am - 6:30am				Open Lap Swim				Open Lap Swim				MHRS 5am - 6:15am				<u>POOL</u> <u>CLOSED</u>								5:00 AM				
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6:30 AM									MRHS: "A" Days 6:30am - 8am				Open Lap Swim				Open Lap Swim				MRHS: "A" Days 6:30am - 8am				Open Lap Swim				Open Lap Swim				MRHS: "A" Days 6:30am - 8am				Open Lap Swim				Open Lap Swim				Herriman HS 6:15am - 7:30am												Mountain Ridge 6:30am - 8am				6:30 AM
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10:00 AM	Open Plunge: 2 Lap lanes widthwise Diving Boards Open: 10:30am-2:30pm								Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				10:00 AM								
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3:00 PM	HHS "B" Days 1pm - 3pm				Open Lap Swim				Open Lap Swim				HHS "B" Days 1pm - 3pm				Open Lap Swim				Open Lap Swim				HHS "B" Days 1pm - 3pm				Open Lap Swim				Open Lap Swim				HHS "B" Days 1pm - 3pm				Open Plunge: 2 Lap lanes widthwise Diving Boards Open: 12pm-8pm								1:00 PM												
3:30 PM	3:30 PM																																																												
4:00 PM	Mountain Ridge 3pm - 4:30pm				Open Lap Swim				Open Lap Swim				Mountain Ridge 3pm - 4:30pm				Open Lap Swim				Open Lap Swim				Mountain Ridge 3pm - 4:30pm				Open Lap Swim				Open Lap Swim				Mountain Ridge 3pm - 4:30pm												3:00 PM												
4:30 PM	4:30 PM																																																												
5:00 PM	Fish Market 4:30pm - 6pm				Open Lap Swim				Open Lap Swim				Fish Market 4:30pm - 6pm				Open Lap Swim				Open Lap Swim				Fish Market 4:30pm - 6pm				Open Lap Swim				Open Lap Swim				Fish Market 4:30pm - 6pm												3:30 PM												
5:30 PM	5:30 PM																																																												
6:00 PM	CENTER PROGRAMMING 6pm - 8:30p				Open Lap Swim				Open Lap Swim				CENTER PROGRAMMING 6pm - 8:30p				Open Lap Swim				Open Lap Swim				CENTER PROGRAMMING 6pm - 8:30p				Open Lap Swim				Open Lap Swim				CENTER PROGRAMMING 6pm - 8:30p												4:00 PM												
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8:00 PM	<u>POOL</u> <u>CLOSED</u>								Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				Open Lap Swim				5:00 PM				
8:30 PM									8:30 PM																																																				

During Open Swim times, lap lanes will be set up widthwise, or put in the leisure pool. Please ask a Lifeguard Supervisor (red shirt) if you have any questions. Diving boards are open during Open Swim times. Schedule and lap lane availability subject to change due to Special Events or closures. Notice will be given about special events in entry and website. Please note that Aquatics staff and management reserve the right to adjust program scheduling and lane space as needed and without notice.