

JCC Mac & Jeanette Brown Youth Basketball
Weeknight Practice Schedule 2022 - 2023
Marilyn Fox Building

CT	Time	Tuesday	CT	Time	Wednesday	CT	Time	Thursday	CT	Time	Friday
C	5:00-6:00	Bender (2)	A	6:00-7:00	Bennett (K)	A	7:00-8:00	Fredman (3rd)	A	4:00-5:00	Staley (2nd Boys)
A	6:00-7:00	Bakula (3rd)	B	7:00-8:00	Hannah (3rd)	A	8:00-9:00	Marino (3rd)	A	5:00-6:00	Staley (2nd Boys)
B	6:00-7:00	Reynolds/Nuyen (1st)							B	5:00-6:00	Monzyk (1st)
C	6:00-7:00	Hartig (2nd)							A	6:00-7:00	Staley (2nd Boys)
A	7:00-8:00	Reynolds/Nuyen (3rd Boys)							A	7:00-8:00	Staley (2nd Boys)

Basket	Ball
8 foot	Junior
8 foot	Junior
9 foot	Junior
10 foot	28.5 womens
10 foot	mens

Free Throws
Red Tape K-2nd 8Ft
Green Tape - 3rd 12ft

PRACTICE LEGEND

Kindergarten
1st Grade
2nd Grade
3rd-6th grade
7th-12th grade
Programming

8 Feet Baskets-Kndg & 1st

9 Feet Baskets-2nd

10 Feet Baskets-3rd & higher

