JCC Mac & Jeanette Brown Youth Basketball Weeknight Practice Schedule 2022 - 2023 Marilyn Fox Building

СТ	Time	Tuesday	CT	Time	Wednesday	CT	Time	Thursday	СТ	Time	Friday
C	5:00-6:00	Bender (2)	A	6:00-7:00	Bennett (K)	A	7:00-8:00	Fredman (3rd)	A	4:00-5:00	Staley (2nd Boys)
Α	6:00-7:00	Bakula (3rd)	В	7:00-8:00	Hannah (3rd)	A	8:00-9:00	Marino (3rd)	A	5:00-6:00	Staley (2nd Boys)
В	6:00-7:00	Reynolds/Nuyen (1st)							В	5:00-6:00	Monzyk (1st)
С	6:00-7:00	Hartig (2nd)							A	6:00-7:00	Staley (2nd Boys)
A	7:00-8:00	Reynolds/Nuyen (3rd Boys)							A	7:00-8:00	Staley (2nd Boys)

<u>Basket</u>	<u>Ball</u>
8 foot	Junior
8 foot	Junior
9 foot	Junior
10 foot	28.5 womens
10 foot	mens

Free Throws

Red Tape K-2nd 8Ft

Green Tape - 3rd 12ft

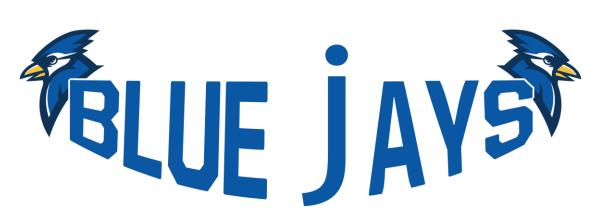
PRACTICE LEGEND

Kindergarten
1st Grade
2nd Grade
3rd-6th grade
7th-12th grade

8 Feet Baskets-Kndg & 1st

9 Feet Baskets-2nd

10 Feet Baskets-3rd & higher



Programming