

# 2023 JBAB RECREATIONAL BASKETBALL LEAGUES

## MENS • WOMENS • CO-ED

LEAGUES BEGIN JANUARY 9 • 6 & 7 PM • FITNESS CENTERS I & II

REGISTER BY JANUARY 3 AT [QUICKSCORES.COM/JBAB](https://quickscores.com/jbab)

### GAMES WILL BE HELD ON:

MONDAYS • TUESDAYS • WEDNESDAYS • THURSDAYS

### ELIGIBILITY

ACTIVE DUTY • DEPENDENTS (16 AND OVER)  
RETIREES • RESERVISTS • DOD CIVILIAN EMPLOYEES  
ASSIGNED TO JBAB

### COACHES MEETING

JANUARY 5 • 5 PM • FITNESS CENTER I



JBAB FITNESS | 130 MCHORD ST., BLDG 15 | 202.284.3034