

Fall Men's Basketball

REGISTRATION DATES: (Everyone) July 9 – September 3

NO LATE SIGN-UPS

SEASON BEGINS: September 8

FEE: (Everyone) *\$640 per team*

*\$80/individual which includes a jersey

* 7-8 players are needed to form a team from individual sign-ups.



LEAGUE INFORMATION

- 1. 8-game regular season. 9-games GUARANTEED.
- 2. ***NEW*** All teams make the playoffs! There will be an effort to create Competitive and Rec Divisions. If separate divisions can't be formed, there will be an upper and lower playoff bracket. The upper/lower bracket would be determined by record + number of overall teams participating. A record over .500 AUTOMATICALLY PUTS A TEAM IN THE UPPER BRACKET.
- 3. 16 team spots available. DON'T WAIT UNTIL THE DEADLINE TO REGISTER.
- 4. Registration will close before the deadline if all spots are filled.
- 5. Games will be played on Monday & Wednesday evenings 6:30pm to 10:30pm.
- Games will be played at the Rec Center.
- 7. Team fee and signed Code of Conduct form must be turned in at registration.
- 8. Rosters will be need to be added online. **NO EXCEPTIONS**. Instructions on page 3.
- 9. Teams are required to have reversible jerseys with numbers.
- 10. Registration can be made online or in person with cash, check or card.

Call 208-612-8580 with any questions or visit web site at www.ifrec.org

CODE OF CONDUCT

Coaches must sign

The primary purpose of adult sports programs is to offer all of our community the opportunity to pursue, through competitive sports, the physical and emotional benefits such activity offers. All too often the emphasis in such participation has been placed on winning at any cost. It should be remembered that in every competitive sports activity there are winners and losers. The purpose of this Code of Conduct, applicable to every participant, is to engender and motivate a return to good sportsmanship, proper conduct on and off the field, and fully complying with the rules and policies of the Idaho Falls Parks & Recreation Department.

Effective immediately, the Code of Conduct, as defined below, is in force. Team managers will carefully review the rules and requirements herewith set forth and to make them known to their players. They are solely responsible for actions of their teams and players, on and off the field. Improper behavior on the part of any participant can directly affect the future participation by the entire team. No alcoholic beverages and/or smoking are allowed in or on recreation centers or school grounds by players, managers and/or spectators. Penalty: Immediate suspension and loss of league fees.

The Participant's Code of Conduct applies to all players, coaches, and managers. This code applies to players as individuals and/or as a team, and the penalties can be applied to an individual and/or an entire team. This code becomes effective as soon as the participants arrive at the facility of play and remains in effect until the participants leave the facility.

A. No Participant shall:

- 1. At any time lay hand(s) upon, push, shove strike or threaten to strike an official.
- 2. Be guilty of physical attack as an aggressor upon any player, official or spectator.
- 3. Endanger the safety of any player, official or spectator.

B. No Participant shall:

- 1. Refuse to abide by an official's decision.
- 2. Be guilty of heaping personal, verbal abuse upon any official for any real or imaginary wrong decision or Judgment.
- 3. Be guilty of using unnecessarily rough tactics in the play of the game against an opposing player.

C. No Participant shall:

- 1. Be guilty of objectionable demonstrations of dissent at an official's decision by throwing equipment or any forceful action.
- 2. Discuss with an official in any manner the decision reached by such official (except Manager).

D. No Participant shall:

- 1. Smoke while going on or coming off the facility, or while on the field of play.
- 2. Be guilty of discussing publicly with spectators in a derogatory manner any play, decision, or personal opinion of other players during the game (NO trash talk).
- 3. Appear on/at the facility at any time in an intoxicated condition, or consume any alcoholic beverage while on a recreation facility.

E. All players must sign Official Roster and Waiver prior to participation.

We understand and agree to the above rules and policies. I agree to abide by all RULES and REGULATIONS which includes any disciplinary measures, fines or suspensions levied.

My Signature acknowledges I have read and that I understand each and every one of the above provisions.

Coach Name (please print)	Signature	Date

ROSTERS

All rosters will be entered online into the scheduling software which is www.quickscores.com/idahofalls. Once the team captain receives an invite, you will be able to add your roster online.

Team Captains and players will need to create an account on Quickscores. **Waivers** will be signed online.

Instructions, are below. If you have questions, contact Brien at 208-612-8481.

Quickscores Instructions

Coaches Invite

You will receive an invite from Quickscores which will have the heading of **Idaho Falls Parks and Recreation**. If you don't see the email in your inbox, check your spam. If you are new to Quickscores you will need to create an account. You will need to fill out the following information

- Name
- Email address
- Create a password
- Phone number

It will ask you about "privacy settings". You choose what you want shown. The "Use league privacy settings" will show your name and phone number.

VERY IMPORTANT, At the bottom of this page, they will ask you to sign up for "Text Messaging". Please sign up for that. The software allows for me to email and text you. If you don't sign up for texting, you risk not receiving information in a timely manner.

Adding Players to your roster

After you have logged in, across the blue ribbon click on the tab "Teams". On the "Options" page there is a "Manage Team Roster". You click on that tab. You are now on the roster page where you will enter:

- Player's name
- Mobile number
- Email
- REMEMBER TO ADD YOURSELF TO THE ROSTER AS WELL

Once you have completed adding your players, you are going to:

- Click the white box just below the word "Actions"
- This will highlight all of your players with a check mark

- Once that is done, you are going to click on the "Notify Players" tab which will send your players an email to register for Quickscores and the players will need to click the "white box" to sign the waiver.

Players

You will receive an invite from Quickscores which will have the heading of **Idaho Falls Parks and Recreation**. The email will tell you:

- You have been added to the following team
- It will give you the team name
- League you are signed up for
- A couple other details

Below those details it will say:

- Login and Complete Waiver on Quickscores. Click on this link. You will then need to:
- Create an account or log into your account
- Once you have created an account, it should take you to your dashboard where you will need to:
- "Complete the waiver"