

## **FREE Coach Trainings from NAYS**

Coaches should follow this link to begin the registration process: <https://www.nays.org/>

Click on REGISTER

Then click on the box that says Training/Membership

STEP 1:

- Enter your own email address (no two people can register with the same email address) and create a password
- Check off one of the boxes –“I coach youth sports”
- Then click on the Continue button on the bottom right

STEP 2:

- Fill in all the contact information listed
- Then click on the Continue button

STEP 3:

- Just click on the 2<sup>nd</sup> option – I am a coach, parent, league director or official and am affiliated with an organization
- Enter your organizations name in the Search By Names box – **Highlands Ranch Metro District**
- Once the organization info pops up, click on the box next to it
- Then underneath My Roles with the Organization, click on Select Role and click on Nays Coach
- Then click on the Continue button

STEP 4:

- On the next screen, click on the Create Account button

*Now you'll be brought to the page where you can select a sport (only if you want to become an actual member) otherwise skip this part and proceed to the next step.*

Scroll down until you see Protecting Youth Athletes for Coaches and Click on Add to Cart. There are other free training courses available as well:

- Bullying Prevention
- Sudden Cardiac Arrest
- Mental Health and Youth Sports
- Concussion

You can add as many as you'd like to their cart and once you are done selecting, you can proceed to the cart located at the top of the screen. It automatically adds the Coaching Youth Sports and the Basic Youth Sports Safety and First Aid Trainings to your cart, however, all you need to do is click on the garbage can icon next to the ones you do not want and proceed to checkout.

Additionally, the NAYS Coach Training & Membership Program only costs \$20 for a 1-year membership which includes a \$1,000,000 Excess Liability Insurance Coverage.