

Order of Events

EVENTS WILL BEGIN AT 8:30AM

1600M

(NO WHITE AGE GROUP)

50M

(WHITE & RED AGE GROUP ONLY)

100M

400M

200M

800M

4x100 Relay

(NO WHITE AGE GROUP)

FIELD EVENTS ON BACK

Order of Events

EVENTS WILL BEGIN AT 8:30AM

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(NO WHITE AGE GROUP)

50M

(WHITE & RED AGE GROUP ONLY)

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200M

800M

4x100 Relay

(NO WHITE AGE GROUP)

FIELD EVENTS ON BACK

Order of Events

EVENTS WILL BEGIN AT 8:30AM

LONG JUMP

OPEN PIT

8:30-10am

(White & Red Age Group)

LONG JUMP

OPEN PIT

10-11:30am

(Yellow & Green Age Group)

SHOT PUT

OPEN PIT

8:30-10am

(No White Age Group)

SOFTBALL THROW

OPEN PIT

10-11:30am

(Red & White Age Group)

VERTICAL JUMP

OPEN PIT

8:30-10am

(White & Red Age Group)

VERTICAL JUMP

OPEN PIT

10-11:30am

(Yellow & Green Age Group)

OPEN PIT MEANS ANYONE FROM THE DESIGNATED AGE GROUP CAN THROW/JUMP AT ANYTIME

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