

HLRC Gym Schedule

April 2026

Closed April 5 for Easter

Basketball	
Open Gym Times	
Monday	1 pm–5 pm
Tuesday	1 pm–5 pm Starting April 14
Wednesday	1 pm–9 pm
Thursday	1 pm–5 pm
Friday	1 pm–4 pm (starts March 13)
Saturday	Closed
Sunday	12 pm–3 pm

Drop-In Pickleball	
Open Gym Times	
Monday	5:30 am–12 pm
Tuesday	5:30 am–12 pm
Wednesday	5:30 am–12 pm
Thursday	5:30 am–12 pm
Friday	5:30 am–12 pm
Sunday	9 am–12 pm

CLOSED GYM TIMES	
<i>The following times are CLOSED for youth sports, leagues and special events.</i>	
Tuesday 5 pm–9 pm	Women's Basketball
Friday	Volleyball Practice
Saturday	Spring Volleyball (Ends April 25)
Saturday	Spring Soccer
Saturday	Spring Basketball
Monday & Thursday 5 pm–8 pm	Spring Basketball practice
Tuesdays & Thursdays	Spring Baseball

My County Rec Activities	
<i>My County Rec Activities located in various locations</i>	
Craft Nights (Located in Party Room)	Tuesdays 4:30 pm–6 pm
Game Night	April 23 5 pm–6:30 pm

Gym Schedule subject to change.
Please contact the front desk for updates.



Holladay Lions Rec Center
1661 E. Murray Holladay Rd.
SLC, Utah 84117
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