

Salt Lake County Coach Pitch Rules

Pitchers/Catchers: Coaches will pitch and catch for his/her own team. A “soft core” baseball will be used for all games. Each player will receive a maximum of five (5) pitches. If a player does not hit the ball on the 5th pitch, the player must hit off the tee. If the coach unintentionally interferes with the batted ball, the coach is considered a part of the playing field.

Outs: There will be no outs during the inning. Players can not strike out or be tagged out. All players will run one base at a time with the last batter running all bases from first base to home base.

Game: There must be 5 players per team present to start a game. If a team has less than 5 players, the game will continue, and that team will receive 2 turns at bat per inning. The first team listed on the schedule will be up to bat first.

Batting: A single batting order is made and all players will bat in turn. The entire roster will bat. Players must wear a batting helmet while batting and running. Helmets will need to be shared between teams.

Dug out / On deck: Dug outs will be designated if not available. Players who are not on deck or at bat will remain in the dug out. An on-deck circle will be provided.

Fielding: Six fielders are allowed in the infield all others must be in the outfield. 9-10 players will take the defensive field.

NO Stealing: Base runners must remain on their base until the ball is hit. Only one base advance on an overthrown ball stopped in the infield. If the ball is overthrown a second time, it becomes a dead ball and the runner(s) will remain at the base(s).

Game time: No new innings will start after 45 minutes. Teams will complete any innings that have been started, conditions permitting. No official score will be kept. Game time is the time listed on the schedule whether teams start on time or not.

Injuries: A courtesy runner will be allowed to run for an injured player.

Sportsmanship: Players, coaches, spectators or other team members will not make disparaging or insulting remarks to or about the opposing players, officials or spectators or commit other acts that could be considered unsportsmanlike conduct. Chants and cheers for each play are encouraged. Coaches are responsible for the behavior of their players and spectators.

