Thank you for joining us for Rookie League Jr. Jazz Basketball! We have an updated and improved structure for Kindergarten, 1st Grade, and 2nd Grade Divisions to facilitate skill development. Basketball is more than just a game for these age groups. It is honing in on the fundamentals at the early levels to create a foundation for future successful play. This new structure will provide an experience for your child to properly develop skills in a safe and fun environment!

To ensure everyone understands the new structure, please read through the details below of how this season will run.

**SEASON BASICS**
There are six 45-minute sessions. Age appropriate curriculum is developed for each division. Each week time will be spent on skill development as well as scrimmages/games. The first 2 sessions will consist of a full 45-minute clinic. The remaining 4 sessions will include a mix of clinic time and scrimmage/game time.

**TEAMS**
Players are divided into teams and will receive a Jr Jazz jersey for the season. Teams will have a main parent coach/volunteer that will coordinate treat schedules, rotate players during the scrimmage time, communicate with parents and assist staff on the gym floor.

**EQUIPMENT**
We’re excited to provide a basketball for every single player that is registered, so each player can also work on skills at home. Be sure to bring the basketball every week! Staff will provide other needed equipment each week for the 6 sessions. Players should wear their uniform every week. Non-marking tennis shoes should be worn in the gym. Only water in a water bottle is allowed in most gyms.

**WHO WILL BE RUNNING THE DRILLS?**
Staff will be facilitating the drills, but will need 2-3 parent volunteers on the gym floor to help with drills each week.

**ARE THERE STILL COACHES?**
Parent involvement is key to helping participants with drills and skills. While the staff will be the leader in running the drills, each team will need parent volunteers to help with the drills each week. Each team will need an assigned volunteer parent to help with general team organization, team communication, treat sign up, rotating players during scrimmage/game time and assisting staff with drills. By having parent volunteers, drills will run more efficiently and allow players to have more instruction time.

**BASIC SKILLS / HOMEWORK**
Each week you we will focus on basic skills. Those include, dribbling, shooting, passing, teamwork, and defense. Additionally we will provide brief “homework” opportunities to work on after each session that are easy to do at home and will only require minimal equipment.

**WHY?**
The key to a successful player in any sport is to build a foundation of basic skills. By teaching rules and developing proper techniques in a fun environment, participants will learn and grow at a quicker pace and hopefully develop skills that will last a lifetime and improve your child’s experience, by getting more touches on the ball.

**JR. JAZZ TICKET VOUCHER**
Each player will receive a voucher by email that is good for 2 tickets. Players will be assigned a specific game to attend. Voucher redemption information will be provided at the same time that the voucher email is sent out.
Parental Code of Ethics:

**PLEASE REMEMBER**

1. THESE ARE KIDS
2. THIS IS A GAME
3. THE COACHES ARE PARENT VOLUNTEERS
4. THE STAFF/ OFFICIALS ARE HUMAN
5. THIS IS NOT THE NBA
6. POSITIVE CHEERING IS ENCOURAGED
7. ENJOY THESE MOMENTS WITH YOUR CHILD; THEY DO NOT LAST FOREVER.

MARK YOUR CALENDARS:

- **Nov. 10th:** Registration closes
- **Dec 1st:** Session Schedules will be posted to www.quickscores.com/holladay-lions @ 5 pm.
- **Dec 10th:** Rosters will be posted @ www.quickscores.com/holladay-lions
- **January 9th:** Parent Volunteer meeting in Holladay Lions Party Room at 5:30 PM
- **Jan 12:** FIRST SESSION/ MEET YOUR TEAM: Uniforms and basketballs will be handed out from your assigned parent volunteer.
  - **Jan 19:** Session 2
  - **Jan 26:** Session 3
  - **Jan 2:** Session 4
  - **Feb 9:** Session 5
  - **Feb 16:** Final Session
  - Other info: Picture day TBA
- Please make sure you have the right email down when you register. www.quickscores.com/holladay-lions

**Head Injury & Concussion Policy and Procedures**

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. For more information on symptoms and signs observed by teammates, parents and coaches visit our webpage.

**What can happen if my athlete keeps on playing with a concussion or returns too soon?**

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete’s safety.

**If you think your child/player has suffered a concussion...**

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance; Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann., Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

You should also inform your child’s coach if you think that your child/player may have a concussion. Remember, it’s better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

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