

GRAYSON ATHLETIC ASSOCIATION REC BASKETBALL RULES SUMMARY

	Coed K/1 st	2 nd /3 rd	4 th /5 th	6 th /7 th	Boys 8 th /9 th	Boys HS
Goal Height	8 foot	Girls – 8 ½ feet Boys - 9 foot	Regulation – 10 ft	Regulation – 10 ft	Regulation – 10 ft	Regulation – 10 ft
Ball Size	Intermediate – 28.5	Intermediate – 28.5	Intermediate – 28.5	Regulation – 29.5	Regulation – 29.5	Regulation – 29.5
Substitution	4 min mark of each Qtr					
Playing Time Requirements	All players must play a minimum of four full 4 minute periods (half the game). No free substitution until all players have met the playing time requirement. Late arriving players must meet the minimum playing time requirement if at all possible. All players must sit out at least 1 four minute period (unless the team only has 5 players)					
Clock	8 min Qtrs - Running Clock except last 1 min of the game for all whistles. Clock stops on shooting fouls, time-outs, mid-qtr substitutions and by Ref for injuries or other purposes					
Halftime	3 minutes					
Overtime	2 minutes – Running Clock stops on whistle last 1 min Regular Season games limited to 1 OT period					
Timeouts	2 per half (do not carry over) 1 extra per OT					
Lane Violation	Liberal 5 seconds	Liberal 3 seconds	3 seconds	3 seconds	3 seconds	3 seconds
Free Throws	10 foot All players shoot a FT at Halftime – each made FT counts for 1 point	12 foot	12 foot	Regulation – 15 foot	Regulation – 15 foot	Regulation – 15 foot
3 pt FG's	Not Allowed	Allowed if 3 point line exists If no 3 point line, then all Field Goals count 2 points				
Defense Restrictions	Defense in the lane only 1 foot must remain in lane at all times No intentional stalling allowed by Offense.	Defense to Halfcourt If lead is > 10pt, restricted to top of the key extended to sidelines	Defense to Halfcourt If lead is > 10pt, restricted to top of the key extended to sidelines	No Restrictions unless Lead is > 10, the team is restricted to half court defense If lead is > 15 points, the team is restricted to inside the 3 point area		
Pressing	Not Allowed However, defense can stop a fast break (Offense receives ball at Half Court if turnover occurs)	Not Allowed	Girls - Full Court Pressing during last 2 minutes of Game and OT (Void if lead is > 10) Boys - Full Court Pressing during last 4 minutes of Game and OT (Void if lead is > 10)			
Mercy Rule	No fast breaks if up by 20+	If a team is up by 15 points in the 4 th Qtr, the clock will continue to run (only stops for mid-Qtr substitution) until the lead is reduced to 14 points or less				

Other Key Information

- Home Team wears White Jersey and keeps the Scorebook – Visiting Team wears Dark Jersey and keeps the Clock (Scoring responsibilities can be swapped if agreed by both coaches)
- Minimum 4 players to start game
- All league specific rules are on this grid otherwise follow GHSA rules
- Coaches should have roster (Player Name and Uniform #) ready and in book as soon as possible
- Pre-game meeting with officials and both coaches to ensure everyone is on the same page.
- A player, coach or fan that is ejected must leave the facility or the team they are associated with will forfeit the game (ejections are subject to missing the next game)
 - All ejections must be reported GAA Basketball Director
- No food allowed in Gyms
- Clean up gym and remove water bottles after game – Last teams should ensure gym in clean and all trash placed in trashcans before leaving
- Winning Coach report games scores as quickly as possible