

# Adult Swim n' Run Race Map



**Start Time: 7am**

Event begins at the Outdoor Pool. Participants may set-up in transition as early as 6am.

Swim will be serpentine style (down and back in the same lane, under the lane line and down and back in the next lane) beginning in lane four and ending in lane one.

Health fair and fun to celebrate 25 years of Gene Fullmer Recreation Center from 8am-11am inside the recreation center.