



CITY OF GALESBURG PARKS & RECREATION DEPARTMENT
Municipal Rules & Regulations for City of Galesburg's
Adult Volleyball Leagues 2022-23 Fall/Winter Season



Updated 2/9/23

1. We follow IHSA rules unless otherwise listed below.
2. Roster Additions - At the beginning of the season, team captains can add players to their roster via quickscores up until 1 week before the start of play. Any further addition of players must be done through the office. A team may add a player without contacting other team managers until one week prior to the tournament. The new player must register under that team and pay the player fee. Any team playing with non-rostered players in league play could forfeit their match. Any team playing with non-rostered players during tournament play will be dropped from the tournament. Quickscores will be used to view rosters
3. Cancellations and Postponements - Postponements will be declared by the Parks and Recreation Department. Any manager or player in doubt about games being played should check the Rain-Out Line at 309/244-4114. Cancellation information can also be found at the following link: <https://rainoutline.com/home/dnis/3092444114>. From the link, players can also opt into receiving text messages about cancellations. The decision to cancel will not be made until **3:30 p.m.** Postponements after 6:00 p.m. are made by the official.
4. Player Conduct - All leagues are governed by the official(s) and the Recreation Supervisor. Official(s) will make all calls regarding play. Conduct shall be decided by the official(s) and Recreation Supervisor. Improper conduct or ejection from the game will be handled under the following guidelines established for ejection or unsportsmanlike conduct. **The ejected participant or individual displaying unsportsmanlike conduct will be suspended for no less than two weeks (includes all Leagues) of play.** This means all Volleyball within the City of Galesburg Leagues, not just the league he/she was ejected from. It should also be noted that if an evening of play is cancelled due to inclement weather, the suspension will be extended to include the specific number of games for the suspension.
 - a. **The City of Galesburg Parks and Recreation Department will enforce a Zero Tolerance Policy. Abuse of any kind is not permitted within our organization or program. This means the City of Galesburg does not tolerate physical, sexual, emotional or verbal abuse or misconduct from our players, coaches, officials, volunteers, parents or spectators. Emotional abuse or verbal abuse is also prohibited. These include, but are not limited to such forms of abuse as yelling, insulting, threatening, mocking, demeaning behavior, or making abusive statements in regards to a person's race, gender, religion, nationality/ethnicity, sex or age.**
 - b. **The use of alcohol, tobacco, e-cigarettes, drugs, or cannabis is strictly prohibited in our facilities.**
5. Setup/Tear Down - Teams scheduled for the first game of the evening may be asked to help set up equipment. Teams scheduled for the last match of the evening may be asked to help tear down equipment.
6. Matches
 - a. Three sets shall constitute a match.
 - b. All sets shall be played according to the official schedule. There will be no alterations. Sets shall be scheduled with a match lasting **50 minutes. If the third set has not started after the 50 minutes, 5 minutes will be allowed; with the final score standing after the 5 minutes. Rally scoring will be used for all City of Galesburg Adult V-Ball Leagues. Rally scoring is to 21 points per set; teams must win by 2 points with a 25 point cap.**



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7. Substitutions - A substitute may enter the game at the position of center back before the offense's first serve of a volley. This is done after the clockwise rotation is made and replacing the player whom was the previous server. Players may re-enter the game. There is an unlimited substitution. The officials will not enforce how teams control their substitutions. The Parks and Recreation Department encourages all teams to play all players who attend to enjoy the Recreation Division's Adult Volleyball Leagues. Any late players must enter this way.
8. Forfeits - Forfeit time for the first set of the match is 5 minutes after the official has declared play to begin and/or the scheduled time for 1st game to begin. After an additional 10 minutes (which will be 15 minutes after), sets two and three will also be declared forfeits. There are a minimum number of 4 players needed to begin a game.
9. Start of Match: First team on the schedule will get first serve. Second team listed will serve first in the second set. The second team will call serve or side for third set. Teams will change sides of courts after first and second set.
10. Server has a maximum of 5 seconds to serve the ball after the official blows the whistle.
11. Scorekeepers: Each team will be required to keep their own score on a designated scoreboard provided by the Recreation Division at Lakeside Recreation Facility.
12. Uniforms: T-shirts or Athletic wear must be worn. Sports bras worn alone or shirtless attire will not be accepted in the Volleyball League. The Recreation Division would prefer that short spandex bottoms not be worn for Volleyball League wear. Tennis shoes must be worn—no bare feet—no street shoes.
13. League Champion - The league champion will be that team at the end of regular season play that has accumulated the most championship points. One point will be awarded for each set won; however, no extra points will be awarded by the winner of the entire match.
14. Players may not participate in both divisions. If a player attempts to do so, a forfeit will result for both teams the illegal player played for.
15. Minimum Players
 - a. There must be a minimum of 4 players necessary to begin a game. *Note (There must be at least one male on the court at all times when only 4 players) No more than 3 men may be on the court at one time. Four women and two men are allowed, only if there is a shortage of players. If the correct number of players is available, they must play. Players may position themselves in any legal formation. They do not have to position themselves in an alternating man-women rotation.
 - b. If a team is playing with 4 players and a player is injured, it will be the official's judgement whether to continue the game.
 - c. If a team has 4 participants, they will not be penalized for the missing person's time to serve. The serving rotation will only include the participants playing, or if additional players show, then he/she may sub in at center back.
16. Age of Players - All players must be age 15 or older.
17. Free Agents: Free agents are players who can "sub" on any team throughout the season. They may play on one team each night. To play as a free agent a player must be registered & have paid their \$10 players fee before taking the court. Registration can be done online or in the



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recreation office. Any player who plays 7 or more games for one team will become part of that team's roster & be no longer eligible as a Free Agent.

18. Tournament Rules

- a. Play 2 games to 21 unless a 3rd game is needed
- b. Teams should try to arrive ready to play at least 15 minutes before game time just in case the previous game ended early. If both teams are ready to play, then the game will start early. Otherwise, the game will start at the normal designated time. Teams will not be penalized if they can't arrive before their scheduled game time.