Coed Sand Volleyball Rules

Rule 1: Players, Field, and Equipment

**Section 1: Team**

Art. 1: A team may consist of no more than 8 players on the roster.

Art. 2: A game will be played with 4-6 people on each side of the court. A team may start the game with only 4 people on their court, if opposing team agrees and abides with article 3.

Art. 3: Team must contain a minimum of 2 male and 2 female on the court at all times.

Art. 4: Team may rotate players in to the court of play only when they are serving.

Note: if teams chose to rotate players in, they must maintain minimum 2 female and 2 male on the court.

**Section 2: Court**

Art. 1: The Court size shall be 29.5’x 59’

Art.2: The net shall be 32’x 39”

Art. 3: The net will sit at a height of 7’4”

**Section 3: Equipment**

Art.1: The official ball that is used in league and tournament play will be the Official Wilson AVP

Art. 2: Participants must wear shorts/pants/swim suit if male, and shorts/pants and top/shirt if female

Rule 2: Match Play

**Section 1: The Game**

Art.1: The visiting team will have choice of either side that they want to play on.

Art. 2: Home team is predetermined and they will serve the ball first; see quickscores

Art. 3: Points will be awarded on every serve.

Art. 4: A point is awarded to your team if:

* The ball lands inside the boundary lines on the opposing teams court
* The ball lands outside the boundary lines on your team’s side and no one from your team has touched it.
* The opposing team is not able to place the ball on your team’s side in 3 hits or less
* The opposing team hits the ball more than 3 times

Note: Blocking, or tipping the ball does not count as a hit

* The opposing team touches, or goes under the net.
* An opposing player “lifts” the ball

Note: The definition of a lift is a violation in which the ball is pushed in such a way that it stops its motion during a forearm pass or a set

Art. 5: A player may use any part of their body to maintain the ball in play, as long as he is not “lifting” the ball.

Art. 6: The team winning the point will be the team that serves to start the next point.

Note: Underhand and overhand serves are allowed.

Art. 7: The court judge will signal the server allowing him to put the ball in play for the next point.

Art. 8: The team serving must rotate servers

Note: The only way a single person will serve the entire game is if they never lose a point.

Art. 9: The winner of a game will be declared to the first team that reaches 21 points and is ahead by at least 2 points.

Note: if a team is not ahead by at least 2 points after reaching 21 points, game play will continue until one of the two teams is ahead by 2 points

**Section 2: The Match**

Art. 1: After a winner of game 1 is declared, the teams will switch sides of the court they were on for game 1, and also switch the team that served first from game 1

Art. 2: If a team wins both game 1 and game 2, they will be declared the winners of that match

Art. 3: If teams split the two games, then a third game will start to declare a winner

Note: teams should be on the same side of the court, and the same team serving for game 3 as did for game 1

Art. 4: Game 3 will be the first team to score 15 points and are ahead by at least 2 points

**Section 3: Time**

Art. 1: At game time players must be present, a 5 minute grace period will be allowed

Art. 2: If there are not at least 4 players (2 male and 2 female) at the court at the end of 5 minutes, then that team must forfeit that game.

Art. 3: If after an additional 10 minutes have passed, and their still remains not enough players to play the match, that team, then forfeits their second game, and in turn the match.

Note: If a team arrives during the second grace period of 10 minutes, they will start the match already down 1 game.

Art. 4: If only 3 members of the team arrive, it is at the discretion of the opposing team to allow play or force a forfeit.

Art. 5: Each team will be granted one 30 second time out per game

Art. 6: Timeouts can be called by either team after a point is scored, and before the serve of the next point.

Art. 7: During this timeout, teams are allowed to exchange player on the court, as long as their remains at least 2 female and 2 male on the court.