

Over 30 Softball Rules and Regulations

April 20, 2016

1. If a player is 29 years of age and turn 30 the year of the present season, he or she is eligible to play. The player is considered a 30 year old player. There can be NO players under the age of 30 on your team.
2. Steel cleats will not be allowed; the player must change shoes or will not be allowed to play. The second time this happens, the player will be ejected from the game and risk further disciplinary action.
3. Registration fee will be \$175.00. Form of payment can be Cash, Check or Credit Card. Please make all checks payable to the Freeport Park District.
4. Games will be played for 9 innings. Extra innings will be played to determine a winner. There are no ties.
5. There will be a 10 run rule after 7 innings of play. 15 runs after 6 innings of play and 20 run rule after 5 innings of play.
6. GAMES WILL START AS SCHEDULED. A minimum of 7 team roster players is needed to play a game. A team with 7 roster players will still have 3 outs per inning.
7. All players will have to sign the Liability Waiver to play in this league.
8. Each game will begin with a new ball. A game ball will be placed on diamond prior to play. The HOME team will be allowed to take the game ball after play.
9. HOME RUN RULE: One home run is allowed during a game. Any home runs after the first one will be ruled a single.
10. This is a free substitution league. Any player can be substituted at any time and more than once during a game. If a player plays the field, it is mandatory they have to bat.
11. Continuous batting order is allowed, but cannot be changed back to a 10 person batting order during the game.
12. Courtesy Runner Rule: A courtesy runner is only allowed DURING the game due to injury. A player needing a courtesy runner prior to the game will be approved prior to the start of the game by both coaches. The courtesy runner will be the person who made the last out on that team.

13. Three balls is a walk. A batter is out if he has two strikes (either called or swinging). Fouls are strikes.
14. A runner is not allowed to leadoff. If the runner steps off the base before the batter makes contact with the ball.... The runner will be out. No courtesy step.
15. The runner will cross a home plate line, which will be painted and clear to see. **THE RUNNER IS NOT ALLOWED TO TOUCH HOME PLATE OR THE MATT.** If the catcher has control of the ball and is touching home plate before the base runner crosses the line, the runner is out. The runner will be out if he touches home plate or the matt.
16. A commitment line will be placed 40 feet down third base line. If a runner advances across the commitment line, the runner is unable to return to third base. At this point, only a forced out at home is allowed.
17. All litter is to be picked up after each game. There is no smoking or alcohol allowed on the grounds. It is the coach's responsibility to make sure this happens.
18. Rain out games will be rescheduled at the end of the regular season.
19. Any protest must be filed in writing stating the protested rule within 24 hours after the said game to a league official. The league officials will act on it before the next team's game. A protest needs to be made immediately after the violation.
20. A base runner is out if he deliberately and with the intent to knock a fielder off balance or runs into a fielder. This is an umpire judgment.
21. Trophies will be awarded to the 1st and 2nd and 3rd place teams of league play. If a tournament follows league play, a 1, 2, 3 place trophies will be awarded to each bracket.
22. Teams are allowed to bat all there players. Any player that shows up after the game has started will bat last in the batting order.
23. A pitched ball must be delivered to the plate at a minimum height of the batters head (approx.. 6 ft). Failure to do so will result in an automatic ball (unless the batter swings at the pitch). This is an unlimited arch league.
24. A team member cannot play tournament ball unless the player has played 2 regular season games.
25. A two-sided first base is used in this league. Incase of a possible base hit, the first base runner is only allowed to step on the right-side orange colored base. At no time will the runner engage the first baseman. The first baseman is only allowed the left side of the base with his foot.

26. Each team in their own games will furnish 2 umpires. If there is a disputed call, only the umpire and the two coaches will settle it. AT NO TIME WILL A PLAYER URGUE OR DISPUTE A CALL. THIS IS A FAMILY EVENT SO PLEASE WATCH YOUR LANGUAGE. SETTLE THE QUESTIONED CALL IN A CALM MATTER.

27. There will be a double elimination tournament at the end of the regular season.

Let's Play Ball And Have Some Fun !!