

MICRO SOCCER RULES 6U AND 8U



Rules of Micro Soccer

1. 6U will play 4v4 and 8U will play 5v5. Goalies for both divisions
2. Ball size 3
3. No score will be kept in micro.
4. Games will consist of six 5 minute periods with a halftime devotion after the 3rd period.
5. No offsides
6. Substitutions can be made whenever the coaches seem fit.
7. No slide tackling allowed
8. Goals can only be scored on the offensive teams half of the field.
9. Penalties: no penalty kicks will be awarded. All fouls/infractions will result in an indirect free kick from the spot of foul.
10. 6U: Referees: Coaches serve this role. One coach from each team can be on the field during games. The coaches should work cooperatively to help explain any infractions to players. The assistants will stay with the players on the sidelines that are not currently on the field.
11. Home team will kick off at the beginning of the match and will alternate each period.
12. Teams will line up on the team line to start the game.

6U Division New Ball Rule:

- ♦ New Ball Rule: all 6U teams will use the new ball method. Anytime the ball goes out of bounds on either the endline or sideline the coach will put a new ball into play. The ball should be played on the ground and NOT in the air.
- ♦ Balls should be distributed by coach in an even manner.

Goalie:

1. Goalies can use their hands in the goalie arc
2. Goalies should be switched each period.

Fouls and Restarts:

1. All infringements—tripping, pushing, illegal handling are punishable with an indirect free kick. The ball should be placed at the spot of the foul. An indirect kick means the ball must be touched by two different players before a goal can be scored.
2. When the ball goes out of play, the game is restarted in the following ways:
 - a) Over the sidelines, with a throw in (8U)

- b) Over the end line, with a goal kick if attacking team last touched the ball (8U) and with a corner kick if defending team last touched the ball.
- c) After a goal is scored, restart on the team line that did not score. Opposing team must be on their own team line.