Faith Recreation Ministry
13U Girls Basketball Rules 2026-2027

Game Play Rules

Playing time rules unique to Faith Recreation Ministry:
-All players will play at least half of every game. At the end of a close game, it is understood that coaches will desire to play their best possible lineups. Please plan ahead for this situation by playing players fairly throughout the game.

A. Pressing Rule
- Pressing in the backcourt is not allowed until the last 5 minutes of each half. It is not allowed if a team has a 20 point lead or more.

B. Time Outs
- Each team has 3 "full" (one-minute) time-outs per game. An additional full time-out will be awarded for an overtime period if needed. Time-outs will not carryover to any overtime periods.

C. Free Throws
- Will be standard free throw shot distance. Official's judgement will be used for players who may need to move closer to goal for free throw shot.

D. Timing Procedures
- Two 20-minute halves with running clock. Regulation clock the last two minutes of half (unless 20+ point lead).
- 3-minute *overtime* with last minute regulation clock.

If still tied, move to FT shoot out (like soccer penalty kicks). The 5 players on the court shoot. If tied after 5 shots, the bench players will shoot until tie is broken.

E. Equipment
- The ball used will be 28.5" ball. Coaches are instructed not to bring basketballs to gyms for games and practices, as Faith Baptist will provide balls.
- Rim height will be 9.5-10 ft.

Personal, Technical Fouls and Free Throws
- Players foul out after the fifth personal foul.
- Teams shoot 2 free throws after 7 team fouls in each half. The team foul count resets in 2nd half.
- The free throw distance is standard distance (up to officials' discretion) and players (except the shooter) are allowed to move as soon as the ball leaves the shooter's hand. The shooter cannot enter the lane until the ball hits the backboard or rim.
- All technical fouls will result in 2 shots and possession of the ball.
- Technical fouls on players will count as both personal and team fouls.
- Two technical fouls on a player or coach will result in being ejected from the game and player or coach cannot remain on the team bench. The player or coach will be ejected and not allowed to participate in another game until after they have had a meeting with the Recreation Director.

Sportsmanship and Appropriate Conduct
It is imperative that everyone involved in our basketball program demonstrates Christian behavior at all times. It is our intention to provide the best playing atmosphere possible and to prevent or correct any errors or problems that may hinder a positive sports experience.

Coaches will be responsible for their conduct and that of their players and any assistant coaches. In addition, coaches are responsible for their fans. Coaches are expected to control any spectator determined to be associated with their team for displaying unsportsmanlike behavior.

If a team's spectators are displaying inappropriate behavior, the referee will warn the team's coach. If the behavior continues, the referee will call a technical foul on the coach and the spectator will be asked to leave. If the spectator does not leave promptly, the spectator's team will forfeit the game immediately.

All ejections will be reviewed by the Faith Basketball League Director and reported to the recreation committee. After review and a consensus decision by the administrative churches, the player or coach may be ejected from the league for the rest of the season.

Inclement Weather
In the case of potentially dangerous driving conditions, check the Quickscores website homepage or our Facebook page: Faith Baptist Recreation Ministry.