

ADULT (18 <) WOMEN'S VOLLEYBALL—league rules

1. USA Volleyball rules will apply. High School rules on line under Net. (portion of foot or hand may have contact with some portion of the center line but can't wholly go over the line)
2. TIME OUT REQUEST: Request for time-outs may be made when the ball is out of play. Each team is allowed two (2)-30 second time-outs per set
3. JEWELRY, HATS, etc... Players shall not wear anything dangerous to themselves or other players, such as watches, rings, hats, earrings, casts, etc. Wrapping of casts is not acceptable.
4. SUBSTITUTIONS: Free substitution is allowed. However, if you are rotating in at a certain position, all players must rotate out...INCLUDING the setter at the same position (WE HAVE NO "GHOST" RULE). A player that is not permanently rostered for a team can sub for multiple teams but NOT in the same league on the same night. A player rostered in a higher league can't sub for a lower league. A sub if eligible can only play for one team when it comes to tournament play.
5. FORFEITS: Match time is 15 minutes beyond the start time in Quickscores. Sets can be played with a minimum of three players. If a team does not have the minimum number to start on the court 15 minutes after the stated court time in Quickscores than the team will forfeit the first set of the match. If the team is still not ready to play in the next ten minutes then the match will be a forfeit. Ex. Quickscores schedule states that you can take the court at 6:30pm. At 6:45pm if there aren't at least 3 players than the first forfeit is called. By 6:55pm if there are no additional players the match will be called. Players can then play any format they wish for the remaining hour without the assistance of an official.
6. MATCHES will be played the best 2 out of 3 sets. The first two sets to 25 (cap at 27) points, using the rally scoring system. If a third set is needed it will be played using rally scoring to 15 (cap at 17). The caps will apply to season sets and tournament sets **except for the championship "IF" set (NO CAP) which is 1 set to 25.**
7. TOSS OF THE COIN: The winner of the toss chooses: to serve, receive service, or side of court.
8. TEAM ROSTERS must be filled out completely and signed by the actual player. Rosters will be on the scorekeepers table prior to the game and must be signed and dated prior to the first game played and also dated for the second game played. Any player listed on the roster who desires to play in the tournament must have played in a minimum of two (2) regular season matches. This is an ADULT LEAGUE and all players must be 18 years of age to play. A player rostered and is part of the core team can't play on another team in the same league. A sub can play for multiple teams but not in the same league on the same night. A sub will have to choose the team they wish to play for in the tournament. A player can play in multiple leagues (Women's Comp and Women's Open) but there will be no accommodations for a schedule change. So again, not advised. A player rostered in a higher league can't sub in a lower league.
9. A ball that hits the curtain or walls is considered "out". A ball that hits the ceiling or basketball hoops, etc. can be played if on the same side. If it comes down on the opponent's side it will be a "side-out". A ball that hits the fan will be considered a "dead" ball.
10. CHILDREN MUST BE SUPERVISED during league play. All "fans" should be in the stands. Children that are over the age of 8 are allowed access for play in other gyms but ONLY IF THEIR ENTRANCE FEE IS PAID. PLAY ON THE COURTS REQUIRE AN ENTRANCE FEE IF NOT IN THE LEAGUE. THIS APPLIES TO THE WALKING TRACK AS WELL. Our women's leagues are very full and we will likely not have any open court space.
11. Games will be played at a net height of – 7'4".
12. We ask that if your match is completed before the hour is up than please stay and play some additional games FOR FUN. Mix it up and use the duration of your hour.
13. The game ball is the one provided by the league.
14. The tournament bracket schedule will be available prior to the last game of the league play. Seeding will be inserted once the league has been completed.
15. Team captains of the winning team should sign the scoresheet and verify the score at the end of the game.