



# 9th-12th Grade Co-Ed Youth Volleyball

## Games:

All games will be played at the Farmington Gymnasium. Courts will be assigned for game days and are listed in the schedule on [www.quickscores.com/farmingtonutah](http://www.quickscores.com/farmingtonutah)

**Practices:** The practice days and times will be determined by the coach. One weekday hour per team

**League T-Shirt:** Team t-shirt included and will be handed out on the first game day.

**League:** Season consists of 6 Saturday league games starting Oct. 23rd (OMIT 11/27)

**League Pictures:** Oct. 30th. A specific time will be assigned to teams and packets handed out prior to picture day. The date will also be posted on quickscores.

## Rules

We ask that there are only 2 "fans" per player. Social distancing during games is required.

The warm-up routine will consist of the following: 3 Minutes each at the net and 3 minutes off the net with ball handling. Each team will then have 2 minutes to serve together. If a team is late the above will not be accomplished.

**GAME TIME** A full team consists of 6 players but a team can start and end with 4 players. An opposing team can lend players to a team that is not full

**GAME** Two sets (games) will be played to 25 points (cap of 27).

If sets are split, a third game of 15 (cap of 17) will be played.

**RALLY SCORING:** "A point scored on every score of the ball." A team scores a point any time the opposing team makes an error.

**THE SERVE** Players must serve from behind the service line until after contact. Ball may be served underhand or overhand. Net serves are legal. Players may not attack a served ball. One service tossing error is allowed for each service. The server may have one "re-toss". **A server that serves 5 consecutive points will constitute a rotation from that team and a new server.**

**NET** Players may not touch the net or step over the line under the net. A side-out will be awarded

**TIMEOUT** Two (2) - 30 second time-outs per team per set can be called when the ball is dead on either side

**ROTATION** Teams will rotate after each opportunity to serve after a side out. This holds true even for the first side out of the game. Every player must rotate in at a designated position. Each rotation a player will come out and a new one will go in. This is not optional— This is the time for substitutions. Rotational substitution ONLY!

**JEWELRY/CASTS** Players shall not wear anything dangerous to themselves or other players, such as watches, rings, earrings, casts-padded or not.

**FORMAT FOR PLAYING THE GAME** Maximum of three hits per side

There should never be more boys on the courts than girls. If 3 hits are made before the return of the ball over the net one of those hits must be hit by a girl.

Player may not hit the ball twice in succession

Ball may be played off the net during a volley or net serve

A ball touching a boundary line is good

If the ball hits the ceiling on your side and comes down on your side, it is playable

A ball that hits the walls or curtain will be considered a side-out

**BASIC VIOLATION** Hitting the ball illegally (carrying, palming, throwing). Blocking or attacking a served ball

The first violation will be a warning unless obviously deliberate.

**QUESTIONS : CONTACT GYM MANAGER, LINDA WEEKS 801-939-9229, [lweeks@farmington.utah.gov](mailto:lweeks@farmington.utah.gov)**

**ASSISTANT GYM MANAGER, TAYLOR JENSEN 801-939-9228, [tjensen@farmington.utah.gov](mailto:tjensen@farmington.utah.gov)**

