

ERIE PARKS & RECREATION



YOUTH BASKETBALL 5U/7U/9U RULES AND INFORMATION PACKET

www.erieco.gov/parksandrec
www.quickscores.com/erie

450 Powers Street
P.O Box 1110
Erie, Colorado
Phone: 303.926.2550

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I. GENERAL INFORMATION

A. Town of Erie Parks & Recreation Department Mission:

The Parks & Recreation Department inspires our community to come together, learn, grow and be active, healthy and well by delivering exceptional parks, open spaces, trails, facilities, programs and services.

B. Youth Sports Philosophy

Erie Parks & Recreation strives to provide a positive, safe, and fun environment to allow children of all skill levels the opportunity to play. We hope to create an environment that balances teamwork, commitment, hard work, sportsmanship, and competition.

C. Play hard – Have fun – Respect one another

D. Sports Administration:

Erie Parks & Recreation Youth Sports Leagues are managed by:

Mollie Gunter
Recreation Coordinator-Sports
303.926.2794
mgunter@erieco.gov

Sports Information Websites
www.quickscores.com/erie
www.erieco.gov/parksandrec

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E. Sports Information Website: www.quickscores.com/erie

Please visit our sports information website for important information:

- Practice and Game Schedules (including makeup information)
- Standings (if necessary)
- Downloads (League Rules, Information Packets, etc.)
- Park and Facility Locations and Maps
- Inclement Weather Information
- Coaching Resources

F. Registration:

There are two ways to register your child:

- 1) Online at <https://www.amilia.com/store/en/erierec/shop/programs?orgId=12626>
- 2) In person or over the phone at the Erie Community Center at 303-926-2550

G. Inclement Weather - SAFETY IS OUR NUMBER ONE PRIORITY!!

Every attempt will be made to play; however, if field and/or weather conditions present an unsafe environment, we will postpone or cancel practices and games. Field supervisors are instructed to err on the side of caution when it comes to inclement weather decisions.

- **Please call the weather hotline at 303.926.2550 (option 4). Weather information can also be found on www.quickscores.com/erie.** Weather information is updated by 4:00pm on weekdays or 8:00am on weekends in the case of cancellations or delays.

H. Makeup Games

For every season, we schedule one additional game in anticipation of a potential cancellation. Therefore no cancelled games will be rescheduled. If more than two games are cancelled during the season, Sports Administration will evaluate if rescheduling is a feasible option based on: facility/field, staff, and season date availability.

- In the case of rescheduled games, information is distributed to each coach as soon as possible following a cancellation.
- Refunds/credits will not be given due to inclement weather cancellations as every attempt will be made to makeup games.
- Practices may be rescheduled at the coach's discretion pending field/gym availability.

I. Refund Policy

For activities cancelled by Erie Parks & Recreation, refunds will be issued automatically. For all other situations, a refund request form must be completed and turned in to Sports Administration. Forms are available at the Erie Community Center.

A refund will be issued on written request per the following guidelines:

- A full (100%) credit or refund will be issued if: withdrawals are requested at least seven (7) calendar days prior to the activity start date.
- A 75% credit or refund will be issued if: withdrawals are requested up to six (6) calendar days prior to the activity start date.
- A 50% credit will be issued if: withdrawals are requested after activity date begins and before activity session is 50 % complete.
- No credit or refunds will be issued after activity session is 50% complete.
- Late activity registrations will not be prorated.

J. Communication

Coaches are the main point of contact between parents and Sports Administration.

- Sports Administration contacts each coach regarding any new information or updates.
- Coaches update parents. Parents should contact their coach first with any questions about practices, games, uniforms, pictures, etc.
 - Should there be a breakdown in communication, please contact one of the members of Sports Administration directly.

K. Safety

Participant safety is of our utmost priority. We work with our coaches to ensure that our participants and parents feel that they are safe while participating in our programs.

- Inclement Weather - See Section I.G.
- Background Checks / Safety Trainings – All head coaches are required to pass a background screen and complete required trainings through our Trusted Coaches Platform.
- Touch Policy - Coaches are instructed to minimize physical contact with participants. Touch should be governed by the age and developmental stages of the participants, and should be in response to the child's need (not the adult's).
- Transportation Policy - Coaches are instructed to not transport participants while they are operating a vehicle unless they have specifically received consent from said participant's parents or guardian.
- **Per Public Health Order 2021-08, all individuals ages 2 and older visiting the Erie Community Center, are required to wear a mask regardless of vaccination status. This order will take effect on Friday, September 10, 2021 at 11:59pm. Exceptions to the mask requirement include patrons using the pool, patrons who are eating or drinking, or any patron under the age of 2. This new mask guidance is intended to curb the spread of COVID-19 so we can avoid implementing capacity limits, distancing requirements, or another shut down.**

L. Trusted Coaches

Erie Parks & Recreation and Trusted Coaches are now partner organizations! Our goal with this partnership is to ensure the safety of our youth sports participants and provide reliable training for all volunteer coaches.

All Erie Parks and Recreation Youth Sports teams are coached by parent volunteers who have completed a background screen and other required trainings through Trusted Coaches. These trainings include Concussion Education, Child Safety, InsideOut Coaching, and First Aid. For more information on Trusted Coaches please visit www.trustedcoaches.org.

II. SPORTS AND LEAGUE INFORMATION

A. Facility and Park Locations

Erie youth baseball facility and park locations are listed below:

Abbreviation	Park Name	Park Address
ECP	Erie Community Center	450 Powers St.
EMS	Erie Middle School	650 Main St.

Maps and driving directions can be found on www.quickcores.com/erie. For additional facility and park location questions, please contact your coach.

B. Youth Sport Program Offerings

Please see the most recent copy of our tri-seasonal Program Guide or visit www.erieco.gov/ErieParksandRec to see program offerings.

C. Competitive Play and Playing Time

- Erie Parks & Recreation Youth Sport Programs strive to provide a safe, positive and fun environment in which children learn valuable life and sports skills.
- It is against Erie Parks & Recreation Youth Sports Leagues policy for players to concurrently participate in/on any same sport competitive league/team during any part of our respective recreational sports season. By registering and participating in any of our youth sports leagues, you acknowledge that you and the participant are abiding by this policy.
- Each participant will receive an equal amount of playing time, regardless of the amount of practices attended or playing ability. Coaches should substitute players as necessary to provide for this.
- Exceptions can be made if special arrangements have been previously communicated and agreed upon between the parent/guardian and the coach.

D. Uniforms

The uniform order is placed immediately following the registration deadline. Add-ons (late registrations) will be sent weekly thereafter and may NOT be available by your first game. If you order the wrong size, you will be responsible for the replacement cost. Uniform colors and numbers are chosen completely at random and uniforms may not be modified in any way.

E. Registration Dates/Waitlists

Registration for leagues will open approximately seven (7) weeks prior to the registration deadline for residents (R) and approximately six (6) weeks prior to the registration deadline for non-residents (NR).

Registrations are accepted until the registration deadline or until a team becomes full, whichever comes first. Additional registrations will be placed on a waitlist and we will only contact you if a spot becomes available. We strongly encourage you to register as early as possible for each league as space is limited.

F. League Practice Offerings

Please refer to the practice day and time offerings for each league in the Program Guide or online at www.erieco.gov/parksandrec. Practice days, times, and locations are subject to change.

G. Recreational Sports Age Classifications

For a majority of our leagues, we classify our league offerings by age. Unless otherwise noted in each program/league’s description, the age calculation date for all youth sports programs/leagues will be **calculated by the first league contact day**.

The “U” **before** the age number stands for “under” (e.g., U9 stands for ages under 9).

The “U” **after** the age number stands for “**and under**” (e.g., 9U stands for ages 9 and under).

H. Coaches

All Erie Parks & Recreation Youth Sports teams are coached by parent volunteers.

- All coaches must pass a background check, are required to attend the coach’s meeting prior to the season, and must complete all required trainings through our Trusted Coaches Platform.
- Two assistant coaches are allowed per team; they must also pass a background check and concussion training before volunteering.
- Please refer to pages 8 and 9 of this packet for more information regarding coaching.

I. Schedules

- Practice days and times are pre-set by Sports Administration and coaches/families may select the team that works best for their schedule.
- Game schedules will be available online at least one week prior to the first scheduled game.
- Please refer to the league description for specific game days.

J. Officials

- Sports officials are hired based on their familiarity with the sport, experience working with children, and their general demeanor.
- Just as your child is learning fundamental skills and gameplay, some of our officials are doing the same.
- We do our best to properly train all staff and officials and they are evaluated throughout the season.

K. Picture Day

- Hoffer Photo will schedule picture days and times. They will always be on a game or practice day.
- The picture schedule will be sent out to coaches by email approximately one week prior to picture day.

L. Awards

- All league players participating in divisions that don’t keep score or don’t compete in an End of Season tournament will receive participation medals.
- If teams compete in an end of season tournament, they will have the opportunity to win a tournament medal.
- Awards are distributed to coaches before the final game.

M. Timeline

The following chart details what you can expect before, during, and after the season:

Event	Activities
Registration Opens	Register, Coaches pick practice days/times
Registration Closes	Form teams, Recruit additional coaches (if necessary), Order uniforms, Conduct coach’s meeting

Week Prior to First Practice	Distribute rosters to coaches, Coaches contact parents regarding practice days/times
Week Prior to First Game	Distribute game schedules and uniforms to coaches
Mid-Season to End-Season	Picture day, Updated schedule/league information, pictures, and awards distributed to coaches
Post-Season	Optional party and opportunity to evaluate program or league

N. Code of Conduct & Regulations

STATEMENT

- Coaches, players, parents and spectators have a responsibility to behave in a respectful manner that will instill a sense of sportsmanship in all players
- As a coach, player, parent or spectator at a Town of Erie youth sporting event I understand:
 - It will not be tolerated at any time to lay a hand upon, push, shove, and threaten to strike or verbally threaten an official, player, other coach or supervisor.
 - Being involved in a physical altercation with a player, coach, spectator, or staff member will result in my ejection from the game and possible suspension from future games.
 - All coaches, players, parents, and spectators will abide by the officials decision. The official's decision and/or calls are not arguable. If you have a concern regarding the officiating contact your league coordinator.
 - Verbal abuse, harassment, and/or unsportsmanlike behavior towards an official, player, spectator, supervisor, coach or athletics staff member is not tolerated.
 - All coaches, players, parents and spectators will refrain from the use of vulgar or unsportsmanlike manners including language while practices and games.
 - Any coach, player, parent or spectator that is ejected from the game must leave the playing area immediately upon request. Failure to leave will result in suspension of the game and/or forfeiture of the game.
 - The zero tolerance policy is in effect at all athletic events.
- Failure to abide by the Code of Conduct will result in ejection from the game and possible suspension from future games.

ZERO TOLERANCE POLICY

- There will be zero tolerance for players, coaches and spectators who engage in harassing and/or unsportsmanlike behavior with umpires / officials, other spectators, game supervisors, other players, other coaches, or Athletic Staff. Officials, game supervisors and Athletic Staff have the authority to penalize the player, coach, spectator, or team if an official is sworn at, harassed, argued with, or insulted. Penalties will range from: warning, to ejection from game, to suspension from future games and possible forfeiture of the game.

DISCIPLINARY PROCEDURES

- Official(s) and/or staff members at all recreation program sites have the authority to reprimand and/or eject coaches for misconduct. An ejection of any type will result in a minimum of a 1- game suspensions from any recreation program and /or facility (the ejection game is not included in the suspension period); suspensions may carry over to the next season.
- League Coordinators will handle disciplinary procedures on a case by case basis.

5U LITTLE DRIBBLERS RULES & REGULATIONS

A. Equipment

1. Game Ball shall be a size 3 basketball (22" circumference or 7" diameter) and will be provided by gym supervisor.
2. Basket height shall be modified to 7' in height. Baskets will be provided by gym supervisor.
3. Cones will be provided by gym supervisor.

B. Uniforms

1. Team members are required to have the same color jersey, to be provided by the league.
2. All players must wear soft-sole rubber athletic shoes.
3. All players must wear one colored wristband as assigned to them by supervisor and/or coaches (match-up purposes).

C. Players

1. Games will be played 4 vs 4
2. Every player must participate as equally as possible in every game unless special circumstances apply.
3. Players will only be allowed to participate on a single team's roster.
4. Substitutions: will be allowed to enter at any stoppage.
5. Team Matchup: at the start of the game or after substitutions are made (before play begins/resumes), coaches should match up players of similar skill levels with each other; five colored wristbands will provided to each coach that the players are required to wear for match-up purposes.

D. Coaches

1. One coach from each team will be allowed on the playing court with their respective team.
2. Coaches are expected to be role models and ensure that good sportsmanship is being exhibited.

E. Officials

1. The coaches from each team will act as the on-court officials.

F. Timing Rules

1. Each team will be granted 60 minutes of court access time.
2. Teams will receive 30 minutes for practice on a half court, followed by 30 minutes for a game on the full court vs the other Erie team sharing the court.
3. It is a running clock for the entire 60 minutes. Coaches may agree on a shorter practice/longer game, but the 60 minute court access time is not to be exceeded.

G. Offense

1. Teams are not allowed to fast break. After a rebound or change in possession, grant the other team an opportunity to run back to their side to play defense.

H. Defense

1. All players are required to play Person-to-Person defense. (Utilize wrist bands to determine who is guarding who)
2. Zone types of defenses are not allowed.
3. Teams are not allowed to play full-court defense at any time. Players must wait for their person to fully cross half court before attempting to guard them.
4. Double-teaming is not allowed. (Utilize wrist-bands)
5. Stealing the ball off the dribble from an opponent is not allowed. However, stealing a pass or a loose ball is allowed.
6. Blocking a shot attempt is only allowed if the defender's hands are straight up and feet are on the ground.

I. Fouls & Violations

1. Traveling and double dribbling violations should be called loosely. Teach and encourage players to use their dribble and utilize proper fundamentals to avoid excessive traveling and double dribbling. If excessive traveling or double dribbling occurs, call a violation and give possession to the other team.
2. Common fouls (pushing, holding, etc.) should be called moderately. Teach and encourage players not to make contact with other players. If contact is made and it impacts the game, call the foul and award possession to the team that was fouled.
3. Any foul committed on a player in the act of shooting will award possession back to the shooting team; no free throws will be attempted.
4. Discourage any unsportsmanlike behavior or rough play. If unsportsmanlike play occurs, stop play and remove the player from the game. Explain the issue to discourage it from happening further. Give possession to the fouled team.

7u/9u Coed League Rules

J. Equipment

1. Game Ball shall be a junior size ball (27" or 27.5" circumference).
2. Basket shall be modified to 8' in height.

K. Uniforms

1. Team members are required to have the same color jersey with number on back.
2. All players must wear soft-sole rubber athletic shoes.
3. All players must wear one colored wristband as assigned to them by referees and/or coaches (match-up purposes).

L. Players

1. A team must have at least four (4) players present at game time or the game will be declared a forfeit. If neither team has the minimum number of players present at game-time then a forfeit will be declared for both teams.
2. Every player must participate as equally as possible in every game (see playing time chart).
3. Players will only be allowed to participate on a single team's roster.
4. Substitutions: will be allowed to enter every 5-minutes throughout the half with a mandatory play stoppage by the official at the 15:00, 10:00, & 5:00 marks.
5. Team Matchup: at the start of the game or after substitutions are made (before play begins/resumes), coaches will be granted the opportunity to match up players of similar skill levels with each other; five colored wristbands will be provided to each coach that the players are required to wear for match-up purposes.

M. Coaches

1. One coach from each team will be allowed on the playing court with their respective team.
2. Coaches are expected to be role models and ensure that all players are displaying good sportsmanship.
3. Coaches are required to play all players present as equally as possible unless special circumstances apply.

N. Officials

1. Each game will have two Game Officials.
2. The Game Officials will be in sole charge of the game with the aid of the two coaches on the court.

O. Start of game/Timing Rules

1. Games shall be two 20-minute halves with a running clock.
 - i. Player Substitutions – see players' rule above.
2. Officials will determine which team gets opening possession and all subsequent possessions will be determined by the alternating possession arrow, which will be kept by the officials
3. The clock will stop at the nearest dead ball or reasonable stop in play nearest the 15:00, 10:00, & 5:00 marks for substitutions.
4. Each team will be allowed one 60-second time-out per half.
5. Game official may call a time-out due to a player injury or any other reason. The game clock will be stopped on all official's time-outs.
6. Half-Time Intermission shall be 3-minutes (the gym supervisor may shorten this if games are running behind schedule).

P. Fouls

1. Common fouls will be called by the official but not reported to the scorer's table (ex: holding, pushing, etc.)
2. Any foul committed on a player in the act of shooting will award possession back to the shooting team; no free throws will be attempted.
3. Any Intentional Foul, Technical Foul, or unsportsmanlike behavior committed by a player will cause that player to be removed from the game for the rest of the half.

Q. Offense

1. Teams are allowed to run offensive plays.
2. **Teams will be NOT be allowed to fast break in either division.** After a rebound or change in possession, teams must grant the other team a reasonable opportunity to run back to their side to play defense.
3. Holding the ball for 10 seconds will result in a turnover.
4. **Team scores will not be kept!**

R. Defense

1. All players are required to play Person-to-Person defense. (utilize wrist-bands)
2. Zone type of defenses will not be allowed.
3. Teams are not allowed to play full-court defense at any time.
4. Double-teaming is not allowed anywhere on court. (utilize wrist-bands)
5. Stealing the ball from an opponent is not allowed with the exception of stealing a pass or a loose ball.
6. Blocking a shot attempt is only allowed if the defender's hands are straight up and feet are on the ground.

Erie Parks & Recreation
Youth Sports
VOLUNTEER COACHING INFORMATION

How about coaching a team this season? Your time and efforts are vital to a successful program. If you have already signed up to do so, thank you! If you have not signed up yet, please consider the opportunity to make a lasting and positive impact on a child's life.

Please read the following information to ensure your understanding of important guidelines, dates, and frequently asked questions regarding coaching:

BECOMING A COACH

- All head coaches must be 18 years of age or older.
- **All new coaches must complete the volunteer application form (forms available at Guest Service or online at www.quickscores.com/erie under "Coaching Resources").**
- All volunteer coaches must complete a background check and all other required trainings through our Trusted Coaches platform prior to having contact with players. (See Trusted Coaches Section for more information).
- Coaches who are reported as behaving badly (technical fouls, rough on officials, unsportsmanlike conduct, condescending to children, etc.) will be counseled by the staff, and if necessary, put on probation or relieved of their duties.

RESOURCES AND TRAINING PROVIDED

- No experience is necessary, although potential coaches should have a basic understanding of the sport/rules and enjoy working with and teaching children. Good organizational and communication skills are a plus.
- All new coaches will receive a **coach binder** which includes practice agendas, sport specific information, team roster, incident reports, inclement weather information, etc.
- All new coaches will also receive a **coach t-shirt** to be worn on game days and the first week of practices.
- We will also provide you with sports equipment for your team, game rules, and other important information.
- All coaches should plan to attend the coach's meeting for their league conducted 1-2 weeks prior to the start of the season.

PRACTICES AND GAMES

- Coaches can select the practice day/time that works best for their schedule prior to registration (must be within pre-determined bounds) and can pass along information to families prior to registration.
- Teams may practice once or twice per week depending on the sport and field/gym availability.

ROSTERS

- Once you receive your roster from Sports Administration, it is your responsibility to contact each parent or guardian to communicate the practice days, times, and locations. **Please do this as soon as possible.**
- Only individuals listed on the roster may participate. If there are additions to your team, we will send you an updated roster. This is to avoid any potential legal liability issues allowing children to participate who have not properly completed the registration process.

HELPFUL HINTS

- Communicate, communicate, communicate (with parents and Sports Administration Team).
- Establish a clear and consistent method of communication with the parents. Store and save all parent contact information for quick access.
- Set team, player and parent expectations.

- We communicate with you primarily via email. Please check your email account regularly.
- Enlist help from other parents (assistant coach, snack coordinator, phone tree operator, etc.).
- Check the Sports Information website www.quickscores.com/erie regularly for sample practice plans, drills, resources, updated weather information, facility and park maps, and standings/schedules.

VOLUNTEER INCENTIVE PROGRAM (Head Coach only)

We appreciate all you do to make our youth sports leagues a success! Please see below for our newly approved volunteer incentive program:

- 1 season – Coach t-shirt, free youth sports registration for one child per team coached, 2 day passes to the ECC (applies to 2nd season also), and a coach plaque of your team.
- 3 seasons (not necessarily consecutive) – free youth sports registration for one child per team coached, 10 punch pass, free room rental for team party, and a coach plaque of your team.
- After 3 seasons, the process starts over.....the coach receives 1 season awards.

COACH TO-DO LIST

- Email Sports Administration to inform us of your intent to coach.
- Complete required trainings and background screen provided by Sports Administration through Trusted Coaches platform (see below).
- Check your email regularly for messages regarding the coach's meeting, practice scheduling, rosters, etc. and during the season for updates.
- Contact your team the week before your first scheduled practice. Check that you receive confirmation from your parents that they have received any message from you (phone or email).
- HAVE FUN!

TRUSTED COACHES

All coaches are required to complete a background check and other trainings through our Trusted Coaches platform. All trainings can be accessed by doing the following:

- Go to www.trustedcoaches.org <http://www.trustedcoaches.org>
- Log in or Register
- Click 'Claim a Role/Join a Season' button
- Enter information below:
 -
 - **State: Colorado**
 - **Organization: Erie Parks & Recreation Department**
 - **Season Name: 5U/7U/9U Coed Youth Basketball**
 - **Season Access Key: Townoferieyouthbasketball** (case sensitive)
- Once you get logged in you will see on your Dashboard whether you have trainings assigned to you or not. Even if you have filled out this information from coaching in the Spring, Summer, or Fall you must still log in to CLAIM your role as a coach. All trainings and background checks must be completed once a year and Trusted Coaches will assign you any trainings that you are expired on.
 - Head Coach Requirements:
 - Background Check
 - First Aid
 - Concussion Course

- InsideOut Coaching
- Child Safety Training

- Assistant Coach Requirements:
 - Background Check
 - Concussion Training.

Thank you for coaching and we look forward to a great season!