



Town of Erie

2020 Guidelines for Returning to Adult Flag Football during COVID 19

Guidelines based off of the current Colorado State guidelines for Personal Recreation and Team Sports. Please note, state guidelines may be changed during the course of the season.

<https://covid19.colorado.gov/safer-at-home/recreation>

There is an inherent risk when participating in any adult sports activity. The Town of Erie Sports Department has created these specific guidelines below in order to best mitigate risk in controllable situations.

Overview:

1. All players are asked to self-screen for a temperature of 100.4 or higher. If temperature exceeds 100.4, player is not allowed to participate until temperature falls below 100.4.
2. If any staff member, player or spectator are experiencing any signs of illness, they cannot participate, come to the field and/or must leave the field if they become ill.
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
3. All participants should wash hands prior to attending games. Players will be encouraged to bring their own hand sanitizer when possible and use between play.
4. If at any time Erie P&R feels conditions become unsafe for their players, coaches, umpires, sports staff, and/or families, we will end the summer season and look to issue prorated refunds.
5. Please read and adhere to all signage placed at Ball Park at Erie.

Sanitizing/Masks:

1. All participants and spectators are expected to wear masks at all times. Any person(s) not wearing a mask must be socially distanced by at least 6' from anyone outside of their household.
 - a. exception – players actively participating
2. Players do not need to wear masks while actively participating, but may wear one if they prefer to do so.
3. All participants should avoid touching their faces and should use hand sanitizer after touching faces or shared surfaces.
4. During games, players are encouraged to use hand sanitizer before, during and after games as needed.
5. The Town of Erie will provide leagues with hand sanitizer stations on site for games.
6. Staff will sanitizing bathrooms and frequently touched areas regularly.
7. Any equipment provided by the Town of Erie will be regularly sanitized before, during and after use.

Social Distancing:

1. Staff and spectators must keep a minimum of 6 feet distance from each other. This includes entering field complexes, warming-up, during games and leaving field complexes.
2. Participants are asked to arrive no earlier than **10 minutes** before games. Please allow everyone from previous session to leave the area before setting up.
3. Teams are asked to leave the facility immediately following their game.
4. Spectators and players will be asked to sit on their team sideline during games while social distancing.
5. Spectators are highly discouraged from all adult sports.

Practice and Game Safety:

1. All activities will follow the maximum limit of players per field based on current state guidance (currently 25 players), not including sports staff, spectators, and other adults.
2. Flags should not be shared and should be sanitized before, during and after games.
3. If sharing is necessary (i.e. flags, footballs) equipment must be sanitized before sharing.
4. Players should not touch each other outside of game play; No high fives, fist bumps or handshakes, etc.
5. Teams are encouraged to help with sanitizing hands and cleaning equipment.
6. No congregating in team huddles at any time, address the team while everyone is social distancing.
7. Teams are encouraged to call out plays with no huddling. If huddling, players need to be wearing masks.
8. Teams should acknowledge one another and officials after the game with a wave and thank you!
9. All players must attempt to keep their mouth guard in during all games. If mouth guard is removed, players must sanitize hands immediately.
10. No press coverage, defense must line up 2 yards off of the line scrimmage.
11. Teams are encouraged to bring their own game ball and use for each offensive possession.
12. Teams and staff must sanitize ball after each change of possession (i.e. interception, loss of downs, etc.).
 - a. Teams are encouraged to place all sanitized balls by their team sideline for quarterback to take onto the field.
13. Each player should have their own bottle for water/sports drinks/etc.
14. No sharing of food or drinks between individuals except for emergency situations. No spitting of sunflower seeds, gum, or other similar products.
15. No pinnies will be provided by the Town of Erie this season. Please ensure that all players have 2 sets of matching uniform options, light and dark.