Boys & Girls Club

Basketball Rules

1. Leagues will play 4 quarters of 8 minute duration. Continuously running clock except for the last minute of each quarter or time outs.
2. If the score is tied at the end of regulation, a three minute overtime will be played, if after two overtime periods it is still tied the game will be declared a tie.
3. There will be one minute time out after the 1st and 3rd quarter and a five minute halftime.
4. Each team will have four timeouts per game and one time out per overtime period.
5. Each child shall play two full quarters each game, if a player does not receive his/her playing time the game will result in a forfeit for the team in violation. No player can play more than three quarters unless they only five or six players.
6. 10& under boys and 12&under boys will shoot free throws from the regular line. 10& 12 under girls can chose between the fifteen feet and twelve feet line.
7. A player receiving an unsportsmanlike technical foul will not be allowed to play the remainder of that game a player receiving a second unsportsmanlike technical foul will miss that game plus the next game.
8. A coach receiving a technical will asked to sit on the bench the rest of the game. A coach receiving a second technical foul will be ejected from game and must leave the gym.
9. No full court press, except 12U Boys fourth quarter only for that league.

Once the defensive team has secured possession of the ball the other team must retreat on defense and not press/touch the ball until the ball has passed half court.

1. Each team must have a person to work at the scorers table.