

ECCLES ICE CENTER RECREATION HOCKEY LEAGUE

POLICIES AND PROCEDURES MANUAL



Table of Contents

- A. LEAGUE MISSION 3
- B. SPORTSMANSHIP AND CODE OF CONDUCT 3
- C. LEAGUE ADMINISTRATION 3
- D. RESPONSIBILITIES OF THE TEAM MANAGER 4
- E. LEAGUE FEES 5
- F. UNIFORMS & EQUIPMENT 6
- G. DIVISION OF TEAMS 6
- H. TEAM ROSTERS 7
- I. RULES AND REGULATIONS 8
- J. OFFICIALS 9
- K. PENALTIES 10
- L. ZERO TOLERANCE & SPORTSMANSHIP POLICY 10
- M. PLAYOFFS 11
- N. LOCKER ROOMS 12
- O. INJURIES 12
- P. REVISION RIGHT 13

George S. Eccles Ice Center Recreation Hockey League Policies and Procedures Manual

A. League Mission

The George S. Eccles Ice Center Recreation Hockey League (hereafter known as “EIC-RHL”) provides its patrons with the opportunity to play ice hockey in a competitive, but recreational and organized league environment with the goal of improving the skills of each player and growing awareness and participation of hockey in the Cache Valley area.

B. Sportsmanship and Code of Conduct

1. All players are expected to conduct themselves in a sportsman-like manner. This includes, but is not limited to, respect for the officials, the score keepers, your teammates, your opponents, the patrons and the facility.
2. The George S. Eccles Ice Center (hereafter knows as “The EIC”) reserves the right and the authority to disqualify, suspend, or remove any team manager, coach, player, spectator, or team which behaves in an unsportsmanlike manner before, during or after a game.
3. The possession of alcohol, tobacco products, or illegal drugs is strictly prohibited at the EIC, including the building proper, locker rooms, as well as all grounds and parking lot areas. Any player found with any of these products will be suspended from the league and will incur the possibility of legal action.
4. Any team or players in the presence of the team, with possession of alcohol, tobacco products, or illegal drugs will be suspended from the league without refunds and will incur the possibility of legal action.

C. League Administration

1. **League Name:** The program will be known as the EIC Recreation Hockey League, or EIC-RHL.
2. **Governing Body:** Under direction of the EIC Executive Director, a hockey director will be appointed to govern the Policies and Procedures of the EIC-RHL.
3. **Divisions:** There will be three (3) divisions based on the overall caliber of each team. The divisions will be designated A Division (Advanced), B Division (Intermediate) and C Division (Beginner).
4. **Establishment of Teams:** Team establishments are not formed by the EIC or the EIC Hockey Director. Team Managers are responsible for managing their

respective team and obtaining their own players. In keeping with the mission of The League to grow the sport of hockey, The AL Hockey Director will maintain a list of potential players who are new and/or have never been on a team. **Team Managers in the C League acknowledge that they are expected to work with the AL Hockey Director to include players new to the league and/or those without a team.**

5. **Team Names:** Teams must have a name and all names must be approved by the AL Hockey Director.
6. **Game Location:** Games will be played at the EIC, 2825 North 200 East, North Logan, UT 84341.
7. **Schedule:** The director will establish the season schedule. With the exception of the C-League, there will be 10 regular season games and a championship tournament. The number of games in the tournament is subject to change depending on the number of teams in the league and the ice time available. The C-League season will consist of 12 regular season games and no tournament. Teams must play at the time, place and date specified.
8. **Scorekeepers:** Scorekeepers will be hired by the EIC. They will be an extension of the AL Hockey Director. They will have decision-making powers to ensure that the games run smoothly in accordance with the EIC's guidelines, rules and regulations of play.
9. **On-Ice Officials:** Officials will be arranged for and scheduled by the EIC-RHL. Officials are not required to be USA Hockey certified.
10. **Protests:** No player or team is allowed to protest an on-ice official's call before, during, or after the game. A Team Manager that wishes to appeal a call can do so by submitting an email to the AL Hockey Director (scott@uthockey.com). A hearing may be granted for a player who has been suspended for an infraction of the EIC rules. There is a \$25 appeal fee. It will be refunded if the protest is upheld by the AL Hockey Director. **The appeal letter and fee must be received within 24 hours from the game of occurrence.** The hearing will include a disciplinary committee, which shall consist of the AL Hockey Director, at least two impartial individuals, and an on-ice official, if appropriate.
11. **Manager's Meeting:** A team managers meeting will be mandated before the start of every season. The purpose of the meeting will be to discuss the policies and procedures of the EIC-RHL. The Team Managers will be notified of the date, time and location of the meeting.

D. Responsibilities of the Team Manager

1. Establish and maintain a full roster based on the requirements stipulated in the league rules and guidelines.
2. Establish a reliable and effective communication with the AL Hockey Director
3. Check with the scorekeeper before each game to coordinate any messages from the AL Hockey Director or to address any suspensions assessed to his/her

players. Also to coordinate a check-in of players on the roster, as the score sheet is an official document of the league.

4. Ensure that payment of team fees are timely and are made to the EIC on the dates designated by the team's payment plan.
5. Upon request from the team manager a copy of the score sheet will be provided to him/her. The team managers will be asked to sign the score sheet after the game.
6. Ensure that a goalie is available to play at all games. Coordinate available goalies from the goalie list to substitute in the event of the absence of the goalie on the team roster, and then inform the league coordinator of the goalie substitution so that it can be annotated on the score sheet.
7. Ensure that every team member understands the Policies and Procedures, and that if there are any discrepancies or concerns to solely address them with AL Hockey Director. Participation in the EIC-RHL indicates that all participants have read the Policies and Procedures set forth by the EIC, and that you understand these policies and procedures and agree to fully comply with them.

E. League Fees

1. League fees are based on a team fee, not individual fees. The per player fee charged by a team manager may be different with each team based on the number of players per team or other fees charged by a particular team over and above the EIC-RHL fee.
2. Team fees for the EIC-RHL will be as follows:
 - a. The base team fee is \$1,700. There is a discount of \$50 given to teams that register by the early registration date, and a \$50 discount for teams that pay in full by the early payment date (determined each season); making the team cost \$1,600.
 - b. The \$1,700 price has a two-payment option:
 - i. First payment of \$850 must be received on or before the first played game of the season.
 - ii. Second payment of \$850 must be received on or before the day of the team's fourth schedule game.
3. If a player is added to a roster after the start of the season, the team manager will determine the amount due to the team based on games remaining and other criteria as they see fit, and the AL Hockey Director must approve the addition to the roster.
4. Team suspension for non-payment of fees: Teams who have not paid in full by the respective due dates, with final payment due no later than the day of the team's fourth scheduled game, will be placed on suspension. The team will not be eligible for any further games, including playoffs, until payment in full is received. Missed games due to suspension will be a forfeit and not rescheduled.
5. Any team whose payment is in default due to a non-sufficient funds check or declined credit card is ineligible to play until the team account is current. The non-sufficient funds fee is \$25.

6. The team manager is responsible for making payment(s) to the EIC.

F. Uniforms & Equipment

1. All teams must have jerseys of matching color with non-repeating numbers. Jerseys must be of the same color and design with at least an 8 inch number on the back. If a team does not have matching jerseys with non-repeating numbers, a minor penalty will be assessed to each player without a matching color or a repeating number, or both, at the beginning of each period.
2. Teams will have two options regarding uniforms.
 - a. Option 1: The team provides and maintains their jerseys.
 - b. Option 2: The EIC will provide jerseys to use at a cost of \$100 per season. These uniforms will be kept and maintained at and by the EIC. Teams must indicate their option at the time of registration.
3. Matching hockey socks are not mandatory, but strongly recommended.
4. It is suggested that the team manager carry extra jerseys for team members who may have forgotten or lost their jersey.
5. A player that is out of uniform, including the required equipment as outlined below, will be assessed a minor penalty as soon as that player steps on the ice for actual game play.
6. If at any time a jersey is being worn while playing that is not listed on the roster, the team manager must report to the scorekeeper the identity of the player. If the player is not on the roster or does not have approval from the AL Hockey Director, that player will be removed from the ice along with the team manager for that game, and a minor penalty will be assessed to the team with the ineligible player.
7. The following is a list of required equipment to be eligible to play:
 - a. H.E.C.C. approved helmet – helmets must be worn at all times otherwise a bench minor penalty may be assessed to the team. This includes while on the bench and during warm-up. During game play in the league all helmets must be properly fastened.
 - b. Elbow Pads
 - c. Shin Guards
 - d. Athletic supporter
 - e. Hockey Gloves
 - f. Hockey Pants or Breezers with Girdle
8. The remaining standard equipment is not required, but strongly recommended:
 - a. Shoulder Pads
 - b. Helmet Cage or Visor (required in B and C Leagues, optional in A)

G. Division of Teams

1. **A Division** – designed to be the advanced division of play. This will include players who may have once played at a high level (former pros, college and junior players, college club, midgets, travel, etc.), have mastered the speed and skills of the game, and feel confident playing at this level.
2. **B Division** – designed more for the player looking for good competition, or those players who have been away from the game for several years and are looking to get back into the competitive playing experience. Generally these players have not played on the higher levels (former pros, college and junior players, college club, midgets, travel, etc.). The AL Hockey Director will make the final determination on the eligibility of players.
3. **C Division** – designed to be the developmental league for beginners (those with little or no hockey experience). One or two higher level players may be allowed to aid in coaching and mentoring, but final eligibility will be determined by AL Hockey Director. No advanced level B-League players are allowed to play in the C-League in a non-mentoring position.

H. Team Rosters

1. Each team roster is required to have at least 9 players, and no more than 16 players, in order to register. This includes one goalie. The team's designated secondary goalie may be a 17th player if necessary.
2. There are no additional substitute players over and above the roster of 16. If a team rosters 16 players and wants to add an additional player, another player who is currently on the roster must be dropped in order to keep the roster at the maximum of 16 players.
3. It is the responsibility of the team and the team manager to meet the minimum and maximum requirement for rosters.
4. Players may only roster on one team per division. An exception is made for goalies.
 - a. If you are playing as a goalie, you may roster on one team as a goalie, and on a separate team as a player within the same division.
5. Rosters are open for adding/deleting players throughout the regular season until rosters are frozen. Rosters are frozen following the 8th scheduled game, at which point no players will be added to or deleted from a team's roster.
 - a. When making a roster change, it is the responsibility of the Team Manager to contact the AL Hockey Director 6 hours prior to game time in order for their player(s) to be eligible to play in the next game.
6. Team Managers may request a one-game substitution from an approved substitute list of players.
 - a. The substitute list for each league will be approved and maintained by AL Hockey Director.
 - b. Each Team Manager will be required to submit two players at the time of registration from their roster that would be available to substitute for other

- teams if/when needed. Only teams that have submitted their own available substitutes will be eligible to participate in the substitute player program.
- c. The Team Manager is responsible to notify the AL Hockey Director via email at least 6 hours prior to game time with the substitute information.
 - d. Each team is allowed four (4) player substitutions per regular season only.
7. Prior to the start of each game, the Team Manager must verify with the official score keeper that the roster is current, and that the uniform numbers match the name of each player on the score sheet. The use of players not on your roster, including unapproved substitutes, will result in a forfeit loss to the team using the ineligible player, and the suspension of the team manager for one game.
 8. A player that is not on the roster may not play under the name of a player on the roster. If such an infraction occurs, the team manager and the illegal player will both become ineligible for the remainder of the season.
 9. Suspended players, or players that have been removed from a game, are not allowed on either team's bench, in the penalty box, or in the score keeper's box.
 10. All players must have reached their 16th birthday before the 1st schedule game of the season.
 - a. During the summer hockey session an allowance will be granted for high school hockey teams. The following restrictions will apply:
 - i. The team must register as a whole. Individual players who have not reached their 16th birthday will not be permitted to play on other teams.
 - ii. They are permitted to play only in the B League
 - iii. A coach/parent is required to be present and on the bench at each game to address any on-ice concerns.
 - iv. There will not be an age restriction. However, each player must have completed his or her 9th grade level of education at a minimum.
 - v. Youth who have just graduated high school are not permitted to register on a high school team.
 - vi. Each participant under the age of 18 must have a waiver signed by their parent or legal guardian.
 11. It is the responsibility of the Team Manager to keep his team roster current. Any changes must be transacted via email between the Team Manager and the AL Hockey Director.
 12. If a team cannot provide six players, including the goaltender, prior to the official start of the game, a forfeit loss will be awarded to that team.
 - a. In the event that a game is declared forfeiture, the teams may jointly decide to play the game as if the forfeit had not occurred.
 13. Goaltenders:
 - a. Goaltenders may be freely substituted from team to team only in the event that the team's regular goalie cannot play in a regular season game.
 - b. Each team must designate a primary and secondary goaltender.
 - c. Goaltenders may not be substituted during the league playoffs. Either the primary or secondary goalie must be used to prevent a forfeit loss.

- d. It is the responsibility of the Team Manager to notify the AL Hockey Director of a goalie substitution at least 6 hours before game time.

I. Rules and Regulations

1. The EIC-RHL policies and procedures manual is supplemental to the current USA Hockey Rules of Ice Hockey.
2. The USA Hockey rulebook is used and followed with the following modifications:
 - a. Pre-game warm-ups are 5 minutes with the warm-up beginning at the schedule game start time, not when the players get on the ice.
 - b. The game format will be 1 hour and 15 minutes in length. This format consists of three 20-minute run time periods except under the following conditions:
 - i. The clock will be set to stop time during the final 5 minutes of regulation if, at the 5-minute mark of the third period, the game is within three goals. Stop time will continue until the end of the period.
 - ii. If, at the end of regulation, the game is still tied, a 5-minute sudden death run time period will be allowed during the regular season
 - iii. If the game is still not decided after an overtime period, a three-person shootout will commence, followed by a sudden death shootout until the game is decided.
 - iv. In the event there are time restraints the referees will have the authority to judge how many players participate in the shootout, or the length of the overtime period.
3. The EIC-RHL is a non-check league.
4. Penalties
 - a. A minor penalty is three (3) minutes during regulation run-time, and two (2) minutes during stop time and overtime periods.
 - b. A major penalty is five (5) minutes.
 - c. A misconduct penalty is ten (10) minutes.
 - d. If a penalty expires while the puck is dead, the player must wait until the puck is dropped to re-enter.
5. There will be a 1-minute break between periods with an ice-make after each game.
6. No player shall enter onto the ice surface until the Zamboni doors have been shut. A bench minor penalty will be assessed to any team whose player(s) have entered the ice surface while the Zamboni is operating on the ice surface or while the Zamboni doors are open.
7. One timeout is allowed per game, per team, during regular season and playoff games.
8. The EIC will provide pucks for warm-ups and games. Following warm-up time, all pucks must be returned to the EIC container before the game begins. Team managers must notify all players that flipping the pucks into the team box (bench area) will no longer be tolerated. Please pick the pucks up by hand and put them

in the EIC puck holder. Failure to adhere to this policy may result in a bench minor penalty.

9. The winning team is responsible for the removal of pucks and nets at the end of the game. Failure to follow this may result in a bench minor penalty during the next scheduled game.

J. Officials

1. A two-man system is employed during game play, where both officials have equal authority. In the event only one official is available the game will continue with a single official.
2. The scorekeeper is an authorized, off-ice official. As such, the scorekeeper is authorized to recommend disciplinary procedures, to report procedural irregularities, and to maintain administrative control of games according to these guidelines.
3. The AL Hockey Director holds the right and authority to extend disciplinary actions as necessary.
4. Referees may apply a TGO (this game only) suspension to remove a player they feel needs to be removed from a game for their conduct, either physical or verbal. TGO penalties will add 5 minutes to the player's accumulated penalty total for the season.
5. Officials will maintain control of the game, and discipline players and fans accordingly.
6. The EIC-RHL will strictly enforce a ZERO TOLERANCE guideline regarding abuse of an official; this includes employees, scorekeepers, referees and other patrons, and all off-ice infractions that may occur.
7. Officials are required to conduct themselves in a businesslike, sportsmanlike, impartial and constructive manner at all times. The actions of an official must be above reproach. Actions such as baiting or inciting players or coaches are strictly prohibited. On-ice officials are ambassadors of the game and must always conduct themselves with this responsibility in mind.

K. Penalties

The George S. Eccles Ice Center has an aggressive policy towards fighting. All USA Hockey penalties, as stated in the current rulebook will be followed, along with the following additions:

1. 1st fight: 2-game suspension. Each player involved will incur a suspension of their next two scheduled games.
2. 2nd fight: League suspension for the remainder of the season.
3. All third man in penalties will incur a 1-game suspension

4. Any player that receives 4 penalties or 12 penalty minutes in league play, not including a verbal misconduct, will receive a game ejection.
5. Game misconducts for butt ending, spearing, kicking, checking from behind, attempt to injure, or blind-sided trips will incur a 2-game suspension.
6. The AL Hockey Director reserves the right to suspend players indefinitely from the EIC-AL and/or the EIC for actions that are unbecoming to the sport of hockey, and to its facilitators. Determination for actions, to include indefinite suspension, will be addressed by the Board of Directors of the EIC.
7. The AL Hockey Director reserves the right to review instances of fighting on a case-by-case basis with both on- and off-ice officials, Team Managers, players and spectators to make final decisions regarding suspensions and their duration.

L. Zero Tolerance & Sportsmanship Policy

1. Team Managers may request an explanation of an official's decision for instructional purposes.
2. At the discretion of the official(s), a minor penalty for unsportsmanlike conduct may be assessed whenever a player:
 - a. openly disputes or argues any decision by an official
 - b. uses obscene or vulgar language at any time, including any swearing, even if not directed at a particular person
 - c. visually demonstrates any sign of dissatisfaction with an official's decision
3. Any time a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct will result if such actions continue.
4. The game will be stopped by on-ice officials in the event that spectators are displaying inappropriate and disruptive behavior which interferes with other spectators or the game.
5. The on-ice officials will identify violators to the coaches for the purpose of removing parents/spectators from the spectator's viewing and game area. Once removed, play will resume.
6. Lost time will not be replaced and violators may be subject to further disciplinary action by the local governing body.
7. Inappropriate behavior by the spectators includes, but is not limited to:
 - a. Use of obscene or vulgar language in a boisterous manner to anyone at any time
 - b. Taunting of players, coaches, officials or other spectators by means of baiting, ridiculing, threat of physical violence or acts of physical violence
 - c. Throwing of any object in the spectators viewing area, player's bench, penalty box or on the ice surface
8. Teams should advise their fans to also conduct themselves in a sportsman-like manner. Any guest or fan that makes rude comments or gestures to anyone on the opposing team, their team, the officials or personnel of the facility, acts inappropriately, and/or disrupts play may be asked to leave the facility.

9. If upon refusal to leave, legal action may be taken to refrain from confrontation and maintain the safety of all personnel and patrons.

M. Playoffs

1. During playoffs and the championship game, only players on the team roster are eligible to play. **NO** substitutions will be allowed during the playoffs or championship game. The AL Hockey Director may approve extenuating circumstances; however, it is the responsibility of the Team Manager to address these circumstances with the league coordinator 48 hours prior to a playoff or championship game.
2. All teams are eligible for the league playoffs. Teams will be seeded in the playoffs by the place they finish during the regular season. If a tiebreaker is needed to seed teams, the format for determining team seeds will go in the following order:
 - a. Head-to-head
 - b. Average goal differential
 - c. Forfeits
 - d. Coin flip
3. If a game is tied at the end of regulation play during a playoff game, sudden death overtime will be one (1) 5-on-5 stop time period. In the event that after overtime the playoff game is still tied, a 5-man shootout will follow. Following these two events, if a winner still has not been decided, a sudden death shootout will determine the winner.
4. If the championship game is not decided after regulation play, consecutive 20-minute run time periods will follow until a champion has been decided.

N. Locker Rooms

1. Locker room vandalism or destruction will not be tolerated. This also includes the locker room restrooms and shower stalls. Should vandalism or destruction of the locker room occur, the team and its players will be subject to either fines or suspension from the league without refund. The penalty will be determined by the AL Hockey Director and the EIC Executive Director.
2. Teams are assigned a locker room prior to their games. **Alcoholic beverages, tobacco and other illegal drugs are strictly forbidden in any locker room. If found, local law enforcement will be notified.**
3. Please maintain the cleanliness of the facility and its locker rooms. The locker rooms are a privilege, and in respect to the employees and the other patrons, please clean up after use and put all trash in the proper receptacle. If a team leaves the locker room in a condition that is considered unsanitary, a \$30 cleaning fee will be assessed to that team, and that team may not be assigned a locker

room for the remainder of the season, and asked to change before arriving to play their game.

4. Please conduct yourselves as ladies and gentlemen. This means do not wander the hallways or outside the locker rooms without being fully clothed, or dressed in your hockey equipment and full uniform. The ice arena is a public facility, and in so being, many patrons are invited to use the facility. Please be conscious of others who use the facility, otherwise, you will incur the possibility of legal action.

O. Injuries

All major injuries must be reported immediately to the AL Hockey Director within 48 hours. All major injuries that require hospitalization or ambulatory services must be reported as soon as possible.

P. Revision Right

The EIC reserves the right to change or amend this document at any time. Team Managers will be notified via email within 48 hours of any changes or amendments done during an active season.