

# MONTE CASSINO ATHLETICS

## MONTE CASSINO COVID GUIDELINES FOR BASKETBALL 2020-2021

- All players, parents, coaches, officials and spectators will be required to wear a mask, have their temperature taken and use hand sanitizer when entering any Monte Cassino School facility for both practices and games. Any individual refusing to wear a mask will be asked to leave the facility. The mask should cover both the nose and the mouth.
- These guidelines are intended to protect and keep everyone safe at the basketball games. Individuals who try to violate or challenge the COVID guidelines will not be allowed to attend future games. Monte Cassino reserves the right to decide without notice, to not allow any spectators at the games, if these guidelines are not followed on a regular basis.
- Monte Cassino is also requiring 30 minutes in between ECC (Elementary Christian Conference) games to allow for cleaning and sanitizing. DMSAA (Diocesan Middle School Athletic Association) games will be played at 6:00pm and 7:30pm on Monday and Thursday and 8:30am, 10:00am, 12:00pm, 1:30pm and 3:00pm on Saturdays. Specific gym areas will be sanitized before and after each game.
- Please do not arrive for your scheduled basketball game until 10 minutes before the start of the game. You may not gather at the entrance to the building or the gym before game time. No one will be allowed in the gym before that time and you must wait outside or in your car until you are allowed to enter the facility. The weather will be cold this time of year and we do not want players, coaches, officials or spectators waiting outside.
- There will be clearly marked ENTER AND EXIT signs posted on each set of doors of the gym facility and in both the Elementary and Middle School gyms. Please follow these entrance and exit door directions. Entrance to the MS gym facility will be the south double glass doors and the exit will be out the east door of the gym facility which opens to the outdoor track. Entrance to the ES gym will be the north double glass doors and exit will be at the southeast corner of the gym facing Lewis Avenue.
- Players can remove their mask once they begin their warm-ups and when they are actively participating during the game. Players that are on sidelines during the match, must wear their masks at all times. Coaches and officials must wear a mask at all times.
- Designated adults will only be allowed at the score table and must wear a mask at all times.
- A limited amount of chairs, placed 6 feet apart will be available for each team. These will be sanitized before and after each game,
- Before DMSAA or ECC games, players and coaches from both teams will say a prayer with masks on and standing 6 ft. apart by their respective team area.
- After the completion of matches there will be no shaking of hands, but players and coaches are encouraged to congratulate the opposing team on a good game.
- Basketballs will be sanitized before each game in between quarters and after each game. A rotation of basketballs will be used for each game.

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- Visiting teams must bring their own warm-up basketballs. Monte Cassino will not provide them.
- Players must bring their own containers for hydration. Please do not share water bottles. The water fountains will not be available.
- Please do not bring food for players or for the team. All food must be kept outside of the building.
- The Monte Cassino bleachers in both the Middle School and Elementary gyms will have designated seating areas for spectators, that will be clearly marked. Please sit in these areas only, adhere to social distance guidelines and do not sit on the front row. These marked areas are the ONLY available seating. **Spectators may not stand on the floor, near the doors, or in the hallway. If the gym seating is full, spectators will have to wait outside or in their car. Spectators MUST wear their mask at all times, unless drinking a beverage.**
- **MONTE CASSINO WILL ONLY ALLOW ONE ADULT SPECTATOR FOR EACH PLAYER ON THE TEAM TO ATTEND THE GAME AND TO SIT IN THE DESIGNATED AREAS OF THE BLEACHERS. INFANTS, CHILDREN OR STUDENTS WILL NOT BE ALLOWED TO ATTEND GAMES. THERE WILL BE NO EXCEPTIONS TO THESE RULES AND THEY WILL BE STRICTLY FOLLOWED. PLEASE UNDERSTAND THAT THESE RULES ARE DESIGNED TO PROTECT EVERYONE IN ATTENDANCE AND AT HOME AND TO KEEP EVERYONE PLAYING BASKETBALL. PLEASE HELP US KEEP EVERYONE SAFE BY FOLLOWING THEM. THANK YOU!**
- The only concessions provided will be water and Gatorade. There will be no admission fee.
- Locker rooms will not be provided. A maximum of 3 individuals allowed in each restroom and everyone must wear a mask.

The players, coaches, officials and spectators from Monte Cassino or any other visiting school, would have to abide by these rules.

1. Have you or anyone in your family/team tested positive for Covid-19 in the past 10 days?
2. Does anyone on your team or in your household have a fever of 100 degrees Fahrenheit or above?
3. Any players/coaches with the following symptoms will not be allowed new or worsening cough, tightness in your chest, or difficulty breathing?
4. Any with player/coaches that currently have 2 or more of the following symptoms, headache, sore throat, muscle aches, chills, diarrhea, and/or loss of taste or smell?
5. Has anyone on the team/coaches had contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19?