



# Lil' Hoopsters (K-2nd)

The primary goal of the Eaton Area Park & Recreation District Lil' Hoopsters program is to help each participant learn league play as they develop their skills and abilities. An emphasis is placed, not only on the basic skills of basketball, but also upon the development of important qualities such as sportsmanship, teamwork, leadership, and self-discipline.

*A 'winner' is someone who gives his or her best effort in practices and games.*

## **General Information**

- All players have a right to play every game and an equal amount of time if they have attended regular practices.
- If at any time a child is seriously injured and needs medical attention, please notify the gym supervisor immediately.
- All games will be played at the Eaton Area Community Center.
- Wristbands will be used for 5 & 6 yr olds. Wristbands will NOT be used for 7 & 8 yr olds.
- Ball Size: 27.0
- Basket Height: 8 feet for 5 & 6 yr olds, 9 feet for 7 & 8 yr olds.
- Home – RED / Away - WHITE

## **Rules**

1. **Start of Game:**
  - a. 5 & 6 yr olds: The start of the game will come from a throw-in from the side. Home team will start with possession.
  - b. 7 & 8 yr olds: The start of the game will come from a jump ball.
2. **Halves:** There will be two 15-minute halves.
3. **Clock:** There will be a running clock. The clock will stop for timeouts and player injuries. The clock will also stop on dead balls at the 1-minute mark of the second half (no time-outs allowed).
4. **Scoring:** No score will be kept for either division.
5. **Timeouts:** Each team will be allowed 1 timeout per half. Timeouts will not be carried forward from the first half.
6. **Defense:**
  - a. 5 & 6 yr old: Man-to-man defense only. Double-teaming is not allowed. Full court defense is not allowed, defense may pick up at half court when the other teams gains control of the ball.
  - b. 7 & 8 yr old: Man-to-man defense is only required in the first half. Zone is an option for the second half. Double-teaming is allowed only below the standard free throw line. Full court defense is not allowed, defense may pick up at half court when the other teams gains control of the ball.
7. **Stealing:** No stealing the ball off the dribble unless the ball rolls 2 feet away (players can steal a pass).

8. **Lane Violations:** No lane violations will be enforced.

9. **Traveling & Double Dribbles:**

- a. 5 & 6 yr old: Traveling will be called only if the player continuously walks/runs with ball without attempting to dribble. Double dribbles will be called only if the player is holding the game up by not passing or shooting. Both not traveling or double dribbling will be taught and encouraged through the officials.
- b. 7 & 8 yr old: Traveling and double dribbles will be called.

10. **Fouls:**

- a. 5 & 6 yr old: Fouls will not be kept. However, if an overly aggressive foul takes place, the officials have the discretion to sit players out for a specified time of 2 minutes.
- b. 7 & 8 yr old: Fouls will be called and explained but not recorded. However, if a player is continuously fouling, he/she will be asked to take a two-minute break.

11. **Substitutions:** Substitutions are encouraged to be made during a dead ball and can be made throughout the game. Coaches must get the attention of the official to allow substitutions.

12. **Making the call:** Officials are responsible, after making a call, to explain the infraction to the player if he or she does not understand the call.

13. **Protest:** No protests will be allowed. The gym supervisor will handle any questions or disputes.

14. **Required Playing Time:** All players must play equal time during games if they have attended regular practices. The gym supervisor will handle any questions or disputes on this matter.

15. **Required Attire:** All players must wear the required numbered jerseys which can be purchased at the Eaton Area Community Center. Gym shorts, sweatpants, or warm-up pants are recommended. No players will be allowed on the gym floor without basketball or athletic shoes. The gym supervisor will make FINAL decisions on proper attire.

16. **Spectators:** A parent or fan that is loud, obnoxious, disrespectful or disrupts the game will be asked to leave.

17. **Coaches:** There may only be two coaches seated on the bench during a game. Only the head coach may be standing during play and must remain in the designated "Coach's Box." A coach that is loud, obnoxious, disrespectful or disrupts the game may be asked to leave.

18. **Free Throws:**

- a. 5 & 6 yr old: Free throws will not take place.
- b. 7 & 8 yr old: Free throws will be shot from 8 feet away. Players shooting free throws cannot cross the foul line before, during, or after the release of the ball. The ball must hit the rim before ANYONE enters the key. Will utilize the first 2 squares of the free throw lane. **Players will be given two free throws if they missed their shot and one if they made it, replicating league play.**

**Coaches' Reminder** – Please let the parents and players know that everyone in the building for practices and games should be in the gym only. Please do not allow kids to be running around the other areas of the building. Please start and end your team's practices on schedule and be respectful of entering the gym earlier than your scheduled practice time while another team is finishing up.

## COVID Regulations

The following guidelines have been made for the safety of everyone involved based on the Colorado Guidelines

- 6 feet Physical Distancing will be encouraged whenever possible
- Participants must self-screen for COVID Symptoms and temperature and may not attend if sick or exhibiting a temperature of 100.4 or higher
- Hand washing/sanitizing will be required upon arrival and throughout the day. Please bring sanitizer if possible.
- Shared equipment will be disinfected between sessions and between users
- No high-fives, hugs, or handshakes will be allowed
- No sharing food or drink
- Spectators will be limited to two per participant - spectators must remain spaced by 6 feet at all times and must wear a mask
- Masks are required at all indoor facilities per State Executive Order D2020 138
- Player capacity is limited to 50 players per game, teams will be capped at 10 players

Any facility or program that opens during Safe Return phased reopening will comply with current state and public health recommendations and will adhere to strict safety protocols for both patrons and staff. Please make the following commitments to contribute to a safe return:

1. I will stay home if I feel sick,
2. I will practice social distancing and not gather in large groups,
3. I will wash my hands often and use hand sanitizer often,
4. I will avoid touching my eyes, nose, and mouth,
5. And I will wear a face mask.

Per the CDC, face masks are required in Colorado for people who are 11 years and older. Facemasks are required to cover your nose and mouth. Facemasks must be worn at all times while indoors.

People who do not have to wear a facemask include:

- People who are 10 years old and younger
- People who cannot medically tolerate a face covering
- Children ages 2 and under should NOT wear a mask or cloth face covering